Foot with 7 players self refereed

This innovative activity was born in the 1970 in France at first to give the opportunity to peoples to practice football whatever their abilities, physical conditions and age.
The innovative regulations of this football are adapted and aims to put the focus on the fun, cooperation and team spirit.
Each players is responsible of the game, hence the self referreing. Each participants need to be loyal and honest during the game for fair play. If only one person doesn’t respect the rule or cheat, the whole game, the both teams and each players are concerned to find a solution and solve the problem. The slogan is « my opponent is my friend and he helps me to progress »

Description :
To play to the FSGT self-refereed 7 players football, we need a half football field (goals on the lateral sides) and the usual football equipment.
The advantage of this games is to allow a game on only one football field with 4 teams (2 on each half part of the field). Thus it facilitate the organisation of a championship even if there are many teams.
The game duration is 2 half time of 25 minutes.
There are 3 substitute per team and there is also an unlimited number of rotations during the match. There is no Off Side.

This activity is organised in FSGT only (FSGT is the creator then has the exclusivity) in different level (local, regional, national) and reach all kind of people (not only football players) from 12 yo to 55yo and more.

Results :
Trough this activity, FSGT raise the number of its members and associations, and contribute to the development of the associative life, and confirm its social utility.
After many assesments of this activity (during competitive or non competitive gathering), the most important result is that this activity contributre to reduce the violence during a football match (20 times less than with the classic football with 11 players). There is no violence at all nor agressivity, and less injuries.