Dear Friends of the CSIT Movement,

An Olympic year with unforgettable Games in London is coming to an end and many of us will have special memories to highly emotional moments. The excellent performance of Olympic athletes is motivating people around the globe – especially children and youth; for more physical activity generally and sports especially. So it is the case in CSIT.

In 2012 our movement has experienced the ups and downs of a development process that we are following since a couple of years. Our eyes were oriented to and our delegations were prepared for South America; Rio – Brazil. We had to learn that even in our sports family signed contracts can turn out to be worthless, when new managers – inexperienced in sharing our core values – decide to follow a completely different direction.

In such moments it is so important that highly qualified leadership persons show commitment, take decisions and act responsible. Like the Bulgarian Workers Federation “Sport & Health” as the new host of the 3rd CSIT World Sports Games. They certainly will make Varna – the Black Sea Capital – the centre of Workers- and Amateur Sports Movement in June 2013. Be very well invited to participate in this international sports festival and support our Bulgarian friends best possible.

Later in October 2013 the whole CSIT will be ready to celebrate the first 100 years since our foundation in Ghent in May 1913. Together with our Belgian member unions AFSTB and FROS we are preparing a special program for you. The Festschrift commemorating the 100 years of CSIT will also be officially published on this occasion.

Three exciting projects ahead of us. Any assistance and co-operation is welcome.

On behalf of the CSIT Family let me wish you a successful start for 2013 and a prosperous sporting year full of excitement;

Cordially

Harry Bauer
President
3RD CSIT WORLD SPORTS GAMES
VARNA 2013

The participation of thousands of sportspersons proved the necessity of turning these games into a tradition and recognizing them as a real international sports holiday that attracts great interest and the participants yearns to meet again.

Despite the very short time schedule for organizing the Games, we are sure that they will be a huge success for workers engaged in sports activities. So far we have registered almost 2200 participants from 30 organizations from 4 continents. It is a pleasure and a great honor for BWF “Sport and Health” to be host of the Third CSIT World Sports Games and we invite your teams to participate in this huge sports event for working people and to celebrate together the 100 years anniversary of the International Workers and Amateurs in Sports Confederation – CSIT.

Dear President Bauer,

100 years of CSIT. Congratulations!

It is a great pleasure for me to congratulate you to the 100 years anniversary of the International Workers and Amateurs in Sports Confederation (CSIT) – an organization which was founded as far back as 1913 in the city of Ghent, Belgium, and is a world leader with serious authority in the development of workers’ sport.

With regard to this I will mention that the workers’ sports movement in Bulgaria has 112 years long history. Before leaving this world, the great supporter of sport for all in Bulgaria – Prof. Dr. Zhelyazko Hristov, as leader of the Confederation of Independent Trade Unions in Bulgaria (CITUB), has been popularizing and expanding workers’ sport for years not only in Bulgaria, but also in the Balkan region and in Europe.

We – the current leadership of CITUB and BWF “Sport and Health” – will continue with this tradition. In my capacity as a President of CITUB and the Enterprising Committee for holding the 3rd CSIT World Sports Games, I am assuring you that we will exert all efforts to make this international sports forum an exciting, beneficial and unforgettable one for all participants.

I am convinced that the CSIT World Sports Games at our sea capital Varna, during June 2013, will be one huge sports holiday and demonstration of the desire of working people to live in peace, understanding and mutual respect – the ancient virtues that surmount borders and differences.

Respectfully yours,

Plamen Dimitrov
President of CITUB

Ladies and gentlemen, dear sportsmen,

In the year when the International Workers and Amateurs in Sports Confederation celebrates its hundred years’ anniversary, the city of Varna becomes the capital of the World Sports Games. Our city is proud to be host of the Games, because this is a result not only of our traditionally good dialogue with the trade unions, but also of the consistent politics in the area of sports that the local authority has been implementing during the past decade.

Numerous sports facilities – halls and playgrounds, stadiums and swimming pools – have been built in Varna. They gave an impetus not only for the development of the professional sports in the city, but also for the popularizing of the amateur and popular sports.

Workers engaged in sports coming from the whole planet gather in Varna for the World Sports Games. I am convinced that this remarkable sports event will consolidate the authority and popularity of the city among the international sports public.

I wish the amateur sportsmen to improve their personal records and to achieve remarkable sports attainments during the 3rd CSIT World Sports Games.

Kiril Yordanov
Mayor of Varna

Dear organizers,

dear athletes, coaches and friends of the workers’ sport,

It is a great pleasure for me to congratulate you on the occasion of your participation in the 3rd World Sports Games of the International Workers and Amateurs in Sports Confederation – CSIT. I am proud that Bulgaria is a host country of such high ranked championships. This is an assessment and recognition of the long efforts and work of the Bulgarian Workers Federation Sport and Health, which promotes and develops the workers’ sport in our country. I have no doubts that this hosting will pass off at top level and in conformity to CSIT requirements, because it is supported by the Confederation of Independent Trade Unions in Bulgaria. I believe we shall witness intriguing starts in 20 sports with the participation of almost 5000 talented athletes. They will do their best in the name of the favourite sport and will show that the workers’ sport will have great future, and the sporting individual is well motivated to achieve his goals, because he is healthier and feels fit. The participants in the prestigious 3rd CSIT World Sports Games will find, with certainty, many new friends in Bulgaria, proving that sport is the shortest bridge between different countries.

I wish all the teams worthy performance and unforgettable moments in our sea capital Varna! Good luck and may the best prepared win!

SVILEN NEYKOV
Minister of Physical Education and Sport

Dear sports friends!

It is a great honor and pleasure for me to salute you with a heartily “Welcome” to the World Sports Games of the International Workers and Amateurs in Sports Confederation (CSIT).

Varna – the sea capital of Bulgaria, and Grand Hotel Varna – the pearl of the Black Sea, are some of the best places for sports and relaxation. Bulgarian Workers Federation “Sport and Health” – CITUB deservedly takes pride in being a perfect organizer of some of the largest sports competitions in the region and in Europe. The World Sports Games will not only include intensive sports battles, they will also bring up hundreds of new friendships between the participants, who come from more than 25 countries from 5 continents. We have all reasons to expect that the Games will not only be the biggest sports event in Bulgaria during 2013, but also that they will give unforgettable memories to all the participants, who will take a piece of Bulgaria and our traditional hospitality to their native places.

I am convinced that together we will make exquisite Games that will be long remembered!

Desislava Yagodin
President of Bulgarian Workers’ Federation “Sport and Health”
CSIT Vice-President
SPORT for all
CSIT is organising World Sport Games for amateurs
The most important thing is not winning, but taking part at games. The original Olympic slogan does no more count in international sports. Having fun and enjoying physical activities or doing sports in community and cultural exchanges in an international environment are decreasingly of concern in international competitions. These values have changed and retreated into the background. The CSIT, the world confederation of amateurs, has taken them up again under the presidency of the Austrian Harald Bauer and has returned its initial significance to amateur sports in international competitions.

3rd CSIT World Sports Games 2013 in Varna

In 2008 the 1st World Sports Games were organised in Rimini (Italy). 3800 male and female athletes coming from all over the world participated. At the 2nd Games in 2013 in Tallinn there gathered already 8000 participants exceeding by far the expectations of the organisers. The World Sports Games 2013 will take place from June 2nd to June 9th in Varna (Bulgaria) at the famous “Gold Coast” at the Black Sea.

230 MILLIONS MEMBERS

Actually the CSIT numbers 45 national and 3 continental associations among its members. By annual acceptation of additional organisations the CSIT continues to grow and will reach bigger dimensions in the future. The CSIT has currently 230 million members all over the world as it accepted lately in Rio de Janeiro and Varna new associations coming from China (CWCIe), Belgium (FROS), Russia (ATOMSPORT), Turkey (HIS), Slovenia (ZBBSS) and Iran (IWSA).

Biggest Amateur Sport Games in the World

The visions of CSIT President Harald Bauer to organise “the biggest amateur sports event in the world” could absolutely come true in a few years. For this purpose all classes of population have to be reached as well as all generations and all sport organisations, also in companies. This was the reason why Harald Bauer proposed to open the organisation. Besides traditional worker federations also all other multi-sport organisations, sport unions organised by companies and industrial firms, movements in clubs and labour unions from all over the world may participate with immediate effect in World Sports Games for Amateurs.

Considerable Support

The CSIT is one of the few multi-sport organisations having the permission of the International Olympic Committee to use the Olympic Rings and it gets personal support of IOC President Jacques Rogge who is regularly in contact with Harald Bauer. The 3rd World Sports Games 2013 in Varna are also under the patronage of the IOC.

Domicile of CSIT in Vienna

Following Harald Bauer’s taking office in 2009 the domicile of the international federation was transferred to Vienna. In Austria too, the support is considerably large given by the Austrian Sports Ministry as well as by the municipality of Vienna.

Sport for Seniors

The CSIT Games offer competitions in 20 different kinds of sport. “Sports for Elderly People” is also incorporated. Sport for seniors is an important part of the CSIT philosophy. The average age in society continues to rise. Elderly people also want to be fit and healthy and practice sports. In its sport program CSIT bears this fact in mind by offering appropriate activities. Therefore there are no limits on the way up.


The 3rd World Sports Games 2013 in Varna are also under the patronage of the IOC President Jacques Rogge who is regularly in contact with Harald Bauer. The 3rd World Sports Games 2013 in Varna are also under the patronage of the IOC.

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At the General Assembly 2012, CSIT has signed the contract with the new organiser “Bulgarian Workers Federation Sport & Health” for the CSIT World Sport Games from June 2nd until June 9th, 2013 in Varna (Bulgaria) at the famous “Gold Coast” at the Black Sea. CSIT President, Mr Harald Bauer and the director of the organising committee, Mr Kostadin Parzulev have signed the contract in the presence of CITUB President Plamen Dimitrov, high representatives of the Bulgarian Sport Ministry who affirmed the generous assistance of the government for the World Sports Games 2013 as well as the Mayor of the dynamic metropolis at the Black Sea, Mr Kiril Yordanov.

It became necessary to change the host for the Games as the new management of the Brazilian CSIT member SESI had surprisingly withdrawn from the signed contract for 2013. With lots of determination and due to his excellent contacts CSIT President Bauer was able to find quickly a new powerful organiser: “With our Bulgarian friends and the new venue Varna we have found a perfect partner who was prepared to act as replacement at short notice. We are convinced that Bulgaria will very well organise World Sports Games despite the short preparation time. We will have to fully support our partner with all our possibilities.”

As a consequence the General Assembly had also to decide about this breach of the “Rio Host Contract” by the new SESI Management, which was in fact a strong violation of CSIT’s core values trust, fair play and friendship. Finally it had been decided by the Assembly to take away member union SESI with immediate effect any and all rights of a “full member of the CSIT” for the duration of four years. Never the less it is indeed possible for Brazil company teams to participate in the World Sports Games 2013, but under the conditions of “Company – Teams” and not as SESI. These company teams have to register by themselves.

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Opening of the CSIT and Marketing / Sales Concept:
For the first time in the previous 100 years of CSIT sports activities, company teams and teams from organisations, which are not CSIT member unions, are permitted to participate in the CSIT Games 2013, under different financial “Company – Teams” conditions. In order to enlarge this major event “World Sports Games” member unions were invited to find external companies and other cooperation partners, which are interested to participate. Every sales representative (person / organisation) will receive 25% of the registration fees from company sports delegations (company packages) and also from sold sponsorship packages. Therefore President Bauer spoke about a win-win situation for the whole CSIT family. Only one important formal precondition must be fulfilled: This particular sales person / organisation must be registered at the CSIT Office. Mrs. Melanie Erasim (erasim@csit.tv) is responsible to coordinate these activities globally and to provide further information if requested. The “Marketing & Sales Concept” can be found at SERVICE / DOWNLOAD AREA / CSIT World Sports Games 2013 Varna of www.csit.tv

International Guests:
Furthermore international guests as FICEP President Gerhard Hauer (Fédération Internationale Catholique d’Éducation Physique et Sportive), EFPM Vice President Erdogan Aripinar (European Fair Play Movement) and ICSSPE General Manager Detlef Dumont (International Council of Sport Science and Physical Education) were welcomed. They introduced their organizations and were ready to exchange ideas and opinions with the CSIT member union’s delegates.

New Memberships:
New organisations from Slovenia, Iran and Turkey were welcomed.
and are joining the CSIT-Family; as Full Member the “Turkish Sports for All Federation” (HIS) and as CSIT Candidate Members the “Martial Arts Federation of Slovenia” (I2ZBS5) and the “Amateur Federation of Workers Sports of Iran” (AFWS1). Further membership applications need to be completed until the Extraordinary Congress 2013.

New Sports in CSIT: Handball, Shooting Sport, Badminton

Upon request by the Austrian member union ASKÖ the CSIT Office started a poll concerning interest in new sports within the CSIT community. In terms of Handball, Badminton and Shooting Sport sufficient interested unions could be found, thus 2014 first test championships will be organized. Interested Sport Technicians are invited to send their candidature to the CSIT Office as well as to the Sports Director.

CSIT 100 Year Anniversary Celebrations and history book about the “Workers Sport Movement”:

The year 2013 will have a second highlight besides the World Sports Games. The centenary of the CSIT will be celebrated. Representatives from international sports and politics are expected. The General Assembly finally decided to hold the ceremonies within the framework of the “Extraordinary CSIT Congress” in the founder state Belgium, in Blankenberge, Brussels and Ghent, October 13th – 19th, 2013.

CSIT Honorary President and editor in chief Prof. Kalevi Olin solemnly handed over the draft version of the finalized manuscripts of the 100 year anniversary book to President Bauer. This book of the international workers history will be officially introduced during the CSIT celebrations. Further details can be found in the SERVICE / DOWNLOAD AREA / CSIT General Assembly 2012 of www.csit.tv.
The workers of Mexico have found a great palliative for the problems which are characteristic of modern society, such as insecurity, the lack of paid jobs, sedentariness, overweight and obesity, etcetera, drawing nearer to the practice of sport by participating in sessions of physical or recreational activities.

For this purpose, Indet-Mexico continues promoting a vast program with diverse activities during the course of the year, to cover the liking or preference of most of the workers:

In the national games program, we summon the workers to integrate themselves into teams of different sports, generally of basketball, baseball, soccer, volleyball, not forgetting the individual participants such as chess, athletics, ping pong, etc, so that they can participate in several championships, first in their countries, then at the state competitions and finally at the national finals. In this promotion, during five months, over two million persons participate in the events carried out in the 32 states as well as 230 of the most important municipalities of the country.

The sport training program represents the possibility to continue growing the participation of the workers and their families in the different Indet promotions. We try to provide training to a larger number of monitors, trainers and instructors carried out in an empiric manner so they can promote in a larger way the participation of the workers, precisely in the 230 most important municipalities in the country as well as the 32 state capitals.
“SPORT & DIGNITY” IS THE NAME OF THE PROJECT LAUNCHED BY UISP IN 2012, TO ORGANISE ACTIVITIES OF SPORT FOR ALL FOR KIDS LIVING IN PALESTINIAN REFUGEE CAMPS IN LEBANON.

SPORT FOR ALL
TO IMPROVE CHILDREN’S LIFE:
UISP ACTIVITY IN PALESTINIAN REFUGEE CAMPS

by Elisabetta fanatici- UISP
photos: Paola Palombo / UISP Nazionale

First “Vivicittà Run for Dignity” in Baalbeck
There are 12 official Palestinian refugee camps in Lebanon (Beddawi, Burj Barajneh, Burj Shahba, Dbayeh, Ein El Hilweh, El Buss, Mar Elias, Mieh Mieh, Nahr el-Barid, Rashieh, Shatila, Wavel). The presence of refugees compared to the total population (few more than 4,200,000 inhabitants) is quite high. State law imposes many limits to the inclusion of refugees in social and economic issues, does not give citizenship and foresees hard restriction in terms of job access, preventing the development of an economy ensuring the population decent living conditions.

Overcrowding and degradation of private and public space worsen the condition of a population poor and without perspectives. Basic services are managed by UNRWA, UN agency for refugees, and by local associations living thanks to external donations.

There are not enough schools to welcome all youth population, social discomfort discourage school drop out and 1/3 of the children does not receive a formal education. Many children spend their time in the street, facing hard stress and being exposed to micro crime and drug world. Since its first experience in Lebanon, UISP looked for a way to use sport for helping this community to live with more dignity.

The activity of UISP in Lebanon started in 2007. On May 13th, a special edition of Vivicittà, the UISP international race that promotes peace and rights, had been organised in Beirut. After collaborating since 2009 with Italian Cooperation and UNRWA – United Nations Relief and Works Agency for Palestinian Refugees in the Near East, to organise Palestinian, little Olympic Games for children of the camps, UISP started organising a special edition of Vivicittà inside the camps in 2010. The first experience "Vivicittà – Run for dialogue" took place in 5 camps, where thousands of children from all the 12 camps of Lebanon ran all together, living a different day of sport. The Italian edition of Vivicittà 2010 raised 16,508 euros to restructure a playground in the Palestinian camp of Beddawi: the playground was inaugurated in October 2010 with activities of dodgeball and orienteering, organised and managed by UISP operators.

The experience has been replied on May 1st 2011 with "Vivicittà – Run for Dialogue" in Saida, where 750 Palestinian children from the camps and 750 Lebanese students of the local schools ran all together, in a day dedicated to mutual recognition.

At the end of the race strongly involved the cooperation of both Lebanese and Palestinian local communities.

In 2012 the race doubled: on May 6th, in Saida, and for the first time also in Baalbeck, 1400 Palestinian children and 1600 Lebanese students ran the edition of "Vivicittà – Run for Dignity", from 8 to 13 years old, in paths of 1, 2 and 3 km distance. But the commitment of UISP is not only related to the race: the project "Sport & Dignity" aims to organise training courses in soft-box for teachers and local operators and to equip in total 16 gyms between 2012 and 2013 for soft-boxing activities inside the Palestinian camps, in order to launch activities with kids. Soft-box is a discipline without physical contact, adaptable to all ages and focused on the respect of people and rules. Two sessions of the training course have been organised in March 2012 and the first gym has been equipped in the Children Youth Center of the camp of Shatila, where the activity with kids had great success: "Classes took place twice a week, - says Massimo Tossini, project leader - with children 10-12 years old, in the next future they will involve also 7-8 years children. Trainers confirmed us that the demand was higher than expected. Considering the conditions of the camps, the high participation created some difficulties at the organizational level, but we’re glad that our proposal to involve kids was a big success".

Simone Salliusti, soft-box trainer and leader of training, considered the technical aspect of the activity: “We left the teachers of CYC in March, after the second session of training course; they started classes from almost two months and also if at the beginning they were sceptical, they involved 50 kids. During the public lesson we could verify that the course is structured in a very smart way: without physical contact and focused on coordination of harms and legs, more than on the technique of box. It’s a confirmation that the activity proposed is not violent or aggressive, kids have fun, they live the activity as a game practicing at the same time a good training. The real problem is space: we have just 15 m² available and kids must be divided in several little groups.”

In September 2012 a UISP delegation, composed of President Filippo Fossati, Carlo Balestri, head of international department and Massimo Tossini, manager of UISP national cooperation and UNRWA, the Italian edition of Vivicittà 2012, 8 gyms more will be equipped in 2013 and new training courses will take place in the next months to prepare new operators.

UISP initiative ran some days after the 30 years commemoration of the Sabra and Shatila massacre that happened between September 16th evening and September 18th survival in 1982. Forty hours of terror, in which an undefined number of Palestinian refugees – worst calculations say 3,500, including elderly people, women and children – have been slaughtered by Christian Maronite paramilitary groups, looking for supposed terrorists. Sabra and Shatila actually is one of the worst war crimes of the past twentieth century, not yet punished.
SPORT FOR ALL
...all together
MIXED SPORTS
by Carine Esbri and Olivier Comont – FSGT

The aim of the FSGT is to bring closer two worlds which normally are not so close: Athletes and persons with disabilities. It fights for the access to sport activities for people with special needs in accordance with one of its founder principles: an associative sport for all; accepting most participants possible. But it goes far beyond of only offering sport for this group of people because it vaunts mixed sports for handicapped and non-handicapped persons together.

Under the principle of emancipation the FSGT encourages sport activities for all together, at the same time and in the same place, for persons without and with disabilities, no matter the disability (mental, psychiatric, physical or sensorial) in case the sport and the degree of the disability allow it or in case the person is living integrated into ordinary life.

The acceptance of the other person with his impairments is in the centre of preoccupation of the FSGT and constitutes a social challenge: to allow “living together” in a best possible way. Discovering the other person will lead to accepting the difference which is a mutual enriching contribution not only for the person with special needs, often stigmatised and marginalized, but also for the non-handicapped person afflicted with prejudices.

With its 4600 clubs and more than 100 sport activities offered, FSGT possesses interesting assets for a person with disabilities who would be able to find his preferred activity not far away from his home.

Federal consulting for associations wishing to develop mixed activities

“Le Chantier des pratiques partagées entre valides et personnes en situation de handicap” – Board for mixed activities for handicapped and non-handicapped persons, a centre at federal level, managed by a responsible of the FSGT and an executive employee, assembles experienced trainers, leaders of clubs and committees and persons in charge of physical activities who want to increase the number of associations taking part in this project. Its mission is to create favourable conditions for accepting handicapped persons in FSGT associations denominated “non-handicapped”.

The Board shows video presentations with mixed activities in athletics, archery, scuba diving, baby swimming and tandem cycling (others are in preparation) to sensibilise and to inform, in order to convince as many associations as possible to follow this path. They have become appropriate means to show and illustrate experiences and to destroy certain assumptions and representations.

It wants to be a pool for exchanging experiences, documentations, tools, equipment and experts on which clubs and regional committees could rely as well as the federal sport commissions for developing projects with mixed activities.

The board for mixed activities also wants to offer training courses for management and trainers. But it is still due to the scepticism and the apprehensibilty of trainers and managers of associations that a dislike is persisting to admit this group and to offer mixed trainings. Arrangements have to be made to de-
mystify the admission and support of people with special needs by reconsidering the conditions of an optimised admission and of specified pedagogical contents.

However, the opening of sport for people with disabilities is a primordial preoccupation of our activists and more and more associations want to go in this direction. The board for mixed activities existing since two years observes more and more requests.

FSGT wants to exchange its experience and teach others, especially in an international context, as many CSIT members are interested in this topic. Cooperation and international exchanges are contributing to our actions in an essential way. They will become more visible and so we will create a sport for all, with or without disability, and all together.

Contact: carine.esbri@fsgt.org international@fsgt.org

What are mixed activities at FSGT?

FSGT is promoting mixed activities as a result of realities and due to the needs of activists. In fact, there have already been many experiences in sport organisations before the creation of the Board and this has incited FSGT to reconsider the question of disability.

Today the mixed FSGT activities come in different forms and varieties:

- Tandem with persons with visual impairment
- Archery with intellectually disadvantaged people
- Shooting with physically disabled persons
- Blow pipe and darts with intellectually and physically disabled people
- Integration of people with intellectual disabilities in a team of soccer for 7, playing in regional championships.
- Trial diving lesson
- Climbing with people with mental and psychiatric disorders
- Several child activities with autistic children
- Baby-swimming with spastic children
- Judo with intellectually disabled children
- Boxing with intellectually disadvantaged children.
- Athletics with children and teens with mental and psychiatric disorders.
- Accepting children with special needs in holiday resorts and leisure camps.
FROM 15 - 17 SEPTEMBER A FORMATION COURSE WITH THE FOCUS ON PHYSICAL ACTIVITY FOR WEAK ELDERLY PEOPLE

Scientists have found out, that no matter how old or weak people have become, they are still trainable. This means that they are able to adapt and respond to physical training in a positive way – very much like any other age group. Participation in a regular exercise program is an effective way to reduce or prevent a number of functional declines associated with aging.

For many reasons formation is a crucial choice for all offering activities for elderly people and especially for weak elderly. We have good experiences and knowledge in some of the member unions of CSIT and the formation course in Austria was a great opportunity to provide inspiration for new activities and to offer "tools" for making activities for the weak elderly people.

It was therefore with great pleasure that the CSIT Working group physical activity for seniors 55+ could welcome 22 participants from 9 member unions from 8 countries were taking place in Schieelliten in Austria to this formation course. The participants came from AICS (Italy), ASKÖ (Austria), DAI (Denmark), FROS (Belgium), FSGT (France), INDET (Mexico), SATUG (Switzerland), UISP (Italy) and HAPOEL (Israel), and they took part in an interesting program exchanging ideas and practice in different sports and activities: Krolf, Cross Boccia, movement and brain training, body expression and memory exercises, chair-exercises and outdoor activities, exercises at home and in the club, integrated politics of prevention-promotion of health, home-based exercise program and community-based program.

The target group for the formation course was anyone, who would like to gain international inspiration as an organiser or instructor on physical activities for weak elderly people and the evaluation of the course shows that the participants have gained a lot of inspiration to bring back home to the delight of many elderly people in their home country.

The course took place in the wonderful Castle Schieelliten NSRC in Austria.

The work with seniors and elderly people is in progress in CSIT.

by Palle Thomsen – CSIT

Seniors and elderly people in the CSIT World Sports Games 2013

The main task for the working group for seniors 55+ is to organize events for elderly gathering the aspects of practice and discovery of specific sports and physical activities, exchanges about training and knowledge and finally exchanges about culture, tourism and way of life of each country. And the first coming challenge will be to plan and arrange an attractive program for seniors at the CSIT World Sports Games 2013 in Varna.

Like in the past two CSIT World Sports Games the program for seniors 55+ will contain activities for seniors/elderly people and we expect that a lot of active seniors and some instructors will participate. The facilities and surroundings in Varna are perfect for the activities for seniors/elderly people, and all participants will for sure enjoy an active week together with other active seniors from different countries.
Since 2008 “Physical Activities for Weak Elderly People” are getting more and more important in the CSIT.

During the Congress in Rio de Janeiro in 2011, there was the first opportunity to present and to discuss the content and the aims of this “discipline” with presidents and responsible persons of the different countries. It was very pleasant to see that this non-competitive discipline had provoked a lot of interest.

After the first meetings in Rimini and Tallinn an inquiry was made and we noticed a high demand to meet again in between the WSGs. Finally Schielleiten in Austria was chosen. Already during the preparations with the team of the Castle Schielleiten NSRC (National Sports and Recreations Centre) and the head office of this organisation we could feel the joy and pride to present themselves to an international public.

It became evident soon that the talks in Rio in 2011 had been fruitful. Until then we could only count 4 member countries participating in the meeting in Schielleiten increased by 100 %. We could count 22 participants coming from 8 member countries - Mexico, France, Italy, Belgium, Denmark, Switzerland, Israel and Austria.

On September 15th the participants were picked up by 2 minibuses and a car at Vienna Airport and driven to Styria. Already the first view of Schielleiten was breathtaking. Nobody could imagine how perfectly the historical character of the building and the diversity of modern sport facilities were combined.

The tense program prepared by Anne-Lise Kooremann (UISP) “forced” everybody to check in quickly and off we went in perfect autumn weather to the outdoor facilities to play games with ball and hand towel. After a tour through the castle and the outstanding sport facilities (indoor and outdoor) guided by the director, Gerhard Reiterer, he invited us to a delicious 4 course diner followed by a wine tasting at a campfire in front of the castle.

The whole Sunday was dedicated to reports, physical practice presented by participants from UISP, FSGT and DAI, the sharing of experiences and the projects and possibilities to promote senior sport. In the evening in a cozy atmosphere we discussed the present and future situation of this “discipline” inside the CSIT and also the program for the WSG 2013 in Varna.

On Monday morning we headed back to Vienna Airport. A few of us had the possibility to admire the beauties of Vienna during a sight-seeing-tour before all participants returned back home.
These were the facts of the International Open ASKÖ Austrian Championships Swimming 2012 in Linz/Austria.

Since more than ten years Thomas Unger is the head of organization of this competition. Step by step and year by year the competition was fed with new ideas. First it started as a competition only for ASKÖ swimmers and youth categories. The next step was the entering of the Masters categories. Then the organization opened the competition for all clubs in Austria. A milestone was the first international ASKÖ championships. The last one was the entering of the Masters relays.

Every new idea was observed by the heads of ASKÖ. A lot of people thought that the opening would be the end of such a competition. It would lose its style and the competitors would be angry about their chances. But it was completely different. The athletes were all very happy about the new style and began to bring in own ideas. So the process is continuing and will go on year by year.

FINA decided that as of 2015 the World Championships Swimming will be held together with the Masters World Championships Swimming.

There is one open question now: What about the time? Which is very easy to explain. The competition starts Friday afternoon and goes on Saturday and Sunday (whole day). So we have two and a half days of competition, in total a maximum of 20 hours. One important thing is that the competition pool is an Olympic pool with only 6 lanes. If you have a pool with 8 lanes the competition would take less time.

Thomas Unger is convinced that such a competition also could be handled as CSIT championships. The opening process in CSIT should go on year by year and step by step in the different kinds of sport. In swimming we are very close at the finalizing of a multi competition for EVERY athlete, no matter what age, country, sex, religion or skin.

In 2012 at the FINA congress in Moscow, the FINA decided that as of 2015 the World championships swimming will be held together with the Masters World championships swimming. A very important step and sign for all athletes.

532 COMPETITORS (262 FEMALE, 270 MALE)
3235 JUMPS FROM THE BLOCKS
46 CLUBS AND UNIONS
1624 MEDALS IN 66 DIFFERENT CATEGORIES
8 AGE OF THE YOUNGEST SWIMMER
68 AGE OF THE ELDEST SWIMMER
25 NUMBER OF JUDGES
SPORTIADA 2012 in Eilat
OCTOBER 16TH TO 20TH, 2012

Every year in October the sport association Hapoel organises one of the most important events for sport in companies: the Sportiada (Sportiada in Hebrew), in the beautiful seaside resort Eilat at the Red Sea.

It is the big final, the apotheosis of all competitions in regional divisions during the whole year done by the different companies being members of Hapoel’s Popular Sport department. About 30 000 athletes take part in 14 different disciplines (mini-soccer, football, basketball, volleyball, netball, tennis, table-tennis, chess, bridge, swimming, shooting, backgammon, mountain bike, running – 3 km, 10 km).

This year the event took place from October 16th to 20th, 2012 and was special not only because of its quality but also touching because of its character as a mass event. More than 8 000 athletes and coaches have participated, you will find the repartition in disciplines and teams further down.

More than 8 000 athletes and coaches participated

Very early in the morning of October 16th several planes departed from Tel Aviv airport with enthusiastic teams of factory workers, bank and office employees etc., often accompanied by their families and friends who boarded by hundreds local planes bringing them to the south, direction Eilat, where they landed.

During these 4 days of competitions all hotels in Eilat, humble or luxury ones, where in high season (mainly in winter time) rich tourists used to stay, now were full of working class athletes enjoying privileges normally reserved for the middle class.

After a short visit to the head quarter for the assignment of hotel accommodation reserved in advance, everybody was taken to his respective hotel provided with the latest technical details for his discipline concerned.

During the evening of arrival day, these crowd gathered at the lawn of hotel “Sport”, location of the head quarter – the members of the organising committee –, for a splendid open ceremony comprising not only a welcome speech by our general director, Mr. Yoram Arinstein, and the solemn declaration of opening of the Games by the President of our General Unions, Mr. Dvir Eyni, but also an extraordinary artistic performance by a couple of singers well known and respected in Israel and the female choir of our General Unions – the HISTADROUT.

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Dear friends of the CSIT!

At the last General Assembly of the EFPM, the European Fair Play Movement on 27th October 2012 in Verona (Italy) we have elected a new Executive Committee, which means a real big challenge. We are aware of our responsibilities and obligations for the future as well as for the development of the collaboration between CSIT and EFPM.

EFPM can be proud of its successful way. We had a continuous enlargement of the organization up to 40 member countries, an expansion of fruitful cooperation with European and International sports bodies and an appreciative recognition within sports in Europe.

All these facts are primarily connected with our former EFPM Presidents Frits Wijk (NED) and Carlos Goncalves (POR) as well as Manfred Lämmer (GER), an ExCom member from the very beginning. Their continuous commitment for Fair Play values and principles, their outstanding knowledge in the fields of sports, great experiences with and relationship to sports science have been remarkable contributions and of big importance for the development of EFPM.

Some work, tasks and duties are still left:

We are invited to strengthen the recognition and cooperation with the European Olympic Committee in a more comprehensive way by renewing our joint venture. Further we have to develop closer collaboration with European Sports Federations and the European Union.

We are establishing cooperation based on a “Memorandum of Understanding” with International Sports Organizations as we did in the past with CSIT. EFPM and CSIT should discuss the next steps as to elaborate a “Code of Conduct” or a Fair Play Award for the CSIT World Sports Games.

After almost 20 years EFPM we recently started the reorganization of structures and renewing our public performance including webpage and Play Fair Magazine. At our next ExCom Meeting in Istanbul, February 2013, we will start to develop a concept of action for the main tasks, duties and obligations. For a successful way we need the close cooperation between the EFPM ExCom and our members and have to strengthen the partnership with our associated members like CSIT.

Therefore we invite the CSIT to our next EFPM Congress with the topic “Fair Play as an aspect of the Olympic and Paralympic Games” and to our General Assembly, 5th to 8th June 2013, in Istanbul. We would be very honored to welcome CSIT President, Mr. Harald Bauer and other CSIT representatives.

“Let us take care, play fair!”

For the future of our organizations

Christian Hinterberger
President EFPM

The new EFPM Executive Committee:

President: Christian Hinterberger (Austria)
Vice-President: Erdogan Arpinar (Turkey)
Vice-President: Miroslav Cerar (Slovenia)
Secretary General: Ioannis Psilopoulos (Greece)

Treasurer: Katarína Raczova (Slovakia)
Members: Kvetla Peklova (Czech Republic)
Biserka Vrak (Croatia)
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