TRENDSETTING CSIT ELECTION CONGRESS

BRUNO MOLEA
CSIT PRESIDENT

“SPORT IMPACTS ALL”
1st WORLD AMATEUR SPORT FORUM

CSIT IS GROWING
NEW CANDIDATE MEMBERS

WSG TORTOSA 2019
RETROSPECTIVE VIEW

MAMANET “I’M AWARE”
PROJECT AGAINST BREAST CANCER

REVIVING GYMNASTICS ACTIVITIES
IN CSIT

BRIDGES
EU CO-FUNDED PROJECT

SUCCESSFUL “YOUca” PROJECT EXTENDED
EU CO-FUNDED PROJECT

“SPORT IN COMUNE”
THE AICS PROJECT

“SPORT AND HEALTH”
THREE DECADES BWF

WALKING FOOT, A NEW INNOVATIVE,
PLAYFUL AND SPORTY ACTIVITY!

HEALTH LIFE ACADEMY – SPECIAL
POWER LEAGUE REMOVES BARRIERS

SPORT – A MEXICAN CONSTITUTIONAL SOCIAL RIGHT

GOODBYE TUL100
WELCOMING THE NEXT 100 YEARS

UNDER SUPERVISION
OF FAWSI

CELJE REGION SPORTS GAMES 2019

25 YEARS ASKÖ FIT FROG
HOPSI HOPPER

EDITORIAL DIRECTOR: Raimund Fabi, F.A.B.I. Medienagentur • Contributors: Henk Bouchoms, Marion Chaizemartin, Patrizia Cupo, Raimund Fabi, Dario Jagić, Varzesh Karegaran, Cristina Llaó, Aino Nevalainen, Ruth Vázquez Pérez, Desislava Yagodin, Bridges-Partners • Production Agency: SHW – Stephan Hiegetsberger Werbegrafik-Design GmbH • Photos: CSIT, CSIT member organisations, YJC / Payam parsaei, Photo Plohe

CONTACT DETAILS: CSIT-Office, General Secretary Wolfgang Burghardt, 1230 Vienna, Steinergasse 12, Austria; Phone: +43 676 847464-25; E-Mail: office@csit.tv; Internet: www.csit.tv
CSIT enlargement

Dear friends,

2019 was a year of change for our International Federation of Workers and Amateurs, in which we continued to expand CSIT as a key policy.

Our 6th World Sports Games took place in 2019, organized by UCEC – Unió de Consells Esportius de Catalunya – the public sports association of the Catalan region. It was a great event around the wonderful scenario of the river Ebre with perfectly equipped sports facilities. This was one of the reasons why Tortosa and Terre de l’Ebre were chosen to host WSG 2019. But also the ability and the will of a whole community to host such a big event and to welcome our big CSIT family from all over the world and to give them perfect games and a lot of fun.

I am very pleased with the large number of participants, with the many athletes, their families and sports specialists who participated in this 6th edition of the WSG. This impressively documents the size and growth of our CSIT movement.

Together with our ExCom, our Sports Director and UCEC, we conducted an analysis of the strengths and weaknesses of the 6th WSG2019 after the games. This enabled us to develop a WSG standard that supports future organizers in the implementation of the games and guarantees the quality of the games as well as the satisfaction of the participants.

As part of the WSG’s Global Action, a WSG Task Force was also set up to support the next hosts of the games from the preparatory activities to the actual phase of the 7th WSG Zagreb 2021.

The WSG 2019 have also demonstrated the potential of CSIT to attract international federations to host their WSG championships. These cooperation partners can involve their athletes in the Games and show them the initiatives and activities for CSIT families to experience and enjoy the Olympic spirit of the WSG. A festival of friendship, cultural exchange, tolerance, respect, sustainability and fair play.

The enlargement policy we adopted also involved the creation of a CSIT Ambassadors’ Platform to increasingly include all continents. The first ambassadors were appointed this year. Mr. Pablo Reyes Osorio as CSIT Ambassador for America and Mr. Abdelkrim Chouchaoui as CSIT Ambassador for Africa. Since we are an international and democratic organization, our vision is to involve all athletes regardless of their economic situation and origin. Our role as ambassadors is also to enable the Athletes within the CSIT family to participate in international sports.

Our family is also growing with the installation of the new Para-Sport section. In accordance with our vision “Sport for all”, this opens our CSIT championships to athletes with disabilities.

The next WSG will offer some new opportunities to increase the participation of children and families. The World Sports Games will not only be a sports platform for adult amateurs, but also a festival of sport, friendship and socialisation for all families around the globe.

Our commitment to the European Commission is also growing. The project YOUAca “Youth Academy of Grassroots Sport” to develop our Young Leaders Platform will be co-financed by the EU for another year. 2020 is also the second year of development of the EU co-funded BRIDGES project to promote sports practices for migrants (“Bridges across Europe”).

Our aim is to use the expertise of our oldest members by promoting intergenerational dialogue to prepare the CSIT leaders of the future. Furthermore, as a social democratic organisation, we strive to enable the poorest and most disadvantaged people to participate in popular sports in a democratic and friendly atmosphere.

My friends, today we have many international opportunities to interact and share experiences with the IOC bodies and GAISF, the Global Association of International Sports Federations.

In 2020 we want to present the CSIT internationally even more and in the best possible way. Through our participation and an exhibition stand at the SportAccord Convention, we will bring CSIT even closer to the approximately 1,500 important decision-makers, 1,000 sports organisations and 100 sports associations and association representatives.

Today, CSIT’s enlargement policy has our high priority, we need the global commitment of all members of our family so that together we can become even stronger.

I wish you all a healthy and successful year 2020.

Bruno Molea
CSIT President
Trendsetting CSIT Election Congress

by Raimund Fabi, CSIT
CSIT held its 41st Congress in October in Rome. The Congress week was work-intensive and future-oriented with numerous meetings and decisions. It was very well attended with several hundred participants, densely structured and perfectly organized by CSIT Member Organization AICS.
At the end of the Congress Bruno Molea was confirmed with applause as CSIT President. Molea took over the presidency in Riga (Latvia) 2016 after Harald Bauer resigned due to professional reasons and was elected with an overwhelming majority of 100%. The Italian is now starting into his first full period as CSIT president with lots of ideas and plans for the upcoming four years.

Bruno Molea had a lot of meetings during the Congress. In addition, there were some important and trend-setting meetings of internal working groups as well as with external partners and supporters. A special farewell was given to CSIT President Bruno Molea’s predecessor Harald Bauer, who retired from CSIT ExCom in Rome, but with his competence remains in the CSIT in an advisory function.

Besides the internal meetings of the CSIT ExCom, the heads of the Technical Commissions and the last working sessions of the EU co-funded Young Academy project “YOUAca” for Young Leaders in grassroot sports, there were numerous meetings with important international organizations and CSIT partners. Among others, TAFISA, FICEP, IFA, EFPM, FISAC or OSTA (Africa) attended the CSIT Congress in Rome. There were also meetings with Amateur American Football IAAFL, Panathlon International, IFA as well as a meeting of the CSIT Court of Arbitration.

NEW EXCOM

The Election Congress brought some changes in the board. For the next four years the ExCom consists of following people: Still in the board are Christian Vifian (SATUS Switzerland), Yoram Arnstein (HAPOEL Israel), Desislava Yagodin (BWF-SH Bulgaria), Palle Thomsen (DAI Denmark), Anu Rajajärvi (TUL Finland) and Henk Bouchoms (NCS Netherlands). New members are Christian Hinterberger (ASKÖ Austria) and George Michel (AFSTB Belgium).

“The two persons that now joined the ExCom are excellent”, stated President Molea. “In particular Christian Hinterberger, who is the President of the European Fair Play Movement EFPM, as well as Georges Michel, who was long-term chairman of the TC Judo. Both are very competent persons, who can give excellent support for our projects. Now we have a big team, we have a big family and we have much power!”

NEW CSIT MEMBERS

The CSIT ExCom decided in Rome to accept Vlaamse Vechtsport Associatie (VVA) and Fédération Tunisienne Sport et Travail (FTST) as two new full members of the big CSIT family. Further the ExCom accepted the application of four new organizations as candidate members: From South Korea KOWSC – Korea Office Worker Sports Committee, from Greece HOCSH – Hellenic Organization for Company Sport & Health, Kosovo KWSF – Kosava Workers Sports Federation and Italy FISAC – Italian Federation of Acrobatics and Choreographic Sports. With this new full and candidate members the CSIT family has actual in total 42 member organizations. 32 Full Members, 1 Continental member (America) and 9 Candidate Members. After a longer period of observation CSIT will decide about a full membership status, which will be finally awarded by the Congress. Find detailed presentation about the
candidate members in their magazine on page 12.

**FOLLOW CSIT ON LINKEDIN!**

CSIT is constantly working on developing the confederation, keeping up to date as well as following current trends. As results, CSIT has recently launched the "CSIT-WORLD SPORTS GAMES" page on LinkedIn, which is the most important business social media platform. Unlike Facebook or Instagram, LinkedIn is made for presenting one’s enterprise, organization or association in a professional way and focuses on providing opportunities to network and partners. Follow CSIT and stay up to date about the latest "business" news of CSIT! In case of further questions, please do not hesitate to contact Administrative Secretary Oliver Pangl administration@csit.tv or Secretary General Wolfgang Burghardt office@csit.tv

The 7th CSIT World Sports Games Zagreb 2021, organized by the Croatian CSIT member Health Life Academy (HLA), will take place from 13th to 18th July during the summer holidays. All sports and venues will be compactly situated within a short walking distance and recreational lake-area in the middle of the Croatian capital Zagreb. The last edition of the CSIT World Sports Games was held in the Catalan city Tortosa (Spain) last July. The organization committee TORTOC presented in Rome the final report of the Games in all details. Read the full story about the WSG 2019 on page 12.

WSG 2021 FROM 13TH TO 18TH JULY IN ZAGREB

New ExCom-members: George Michel (left) and Christian Hinterberger (right)
Bruno Molea in interview with Patrizia Cupo about his vision of CSIT in the future through the pillars of sport as a tool for inclusion, the lifelong learning, the focus on competence for sports managers and technicians and a special attention on young people as the sports managers of the future.

In your presentation speech before the election you have underlined your visions about the enlargement of the sport promotion and inclusion of new participants into the CSIT World Sports Games. Whom did you address with it?

“To people with disability, to kids, women and seniors, coherently with the history of CSIT, in order to deal with all, without any limitation. Our aim with the CSIT World Sports Games is to promote the real sports for all. We, as representative of Amateur Sports in the world, must see the participation of women, kids, youngsters, people with disabilities and seniors as a resource to invest on and not as a burden. As the world Confederation of amateurs and workers we need to engage all amateurs and workers”. 

There is space for a lot of training and focus on competence...

“A world association that keeps pace with the times cannot ignore lifelong learning: the fact that we are all amateurs does not mean we are not well prepared and skilled. We have, therefore, the obligation to offer our voluntaries and our athletes the most qualified resources as sports managers and technicians (referees, officials, linesmen …). The training and high qualification of our technical commissions must become fundamental for the future development of a world Confederation as we are. More competence provides more capacity of attraction and that creates more aggregation”.

The EU co-funded project “YOUAca”, the Youth Academy, coordinated by CSIT, aims to train future sports managers. With this project CSIT goes into this direction too. Tell us more about.
"Investing on young people is fundamental if we want to provide continuity and sustainability for the future of our Confederation. There is a lack of young people in the volunteer work of the grassroots sports federations, therefore it needs to speak their language if we want to engage them into our world effectively. To build the future we must invest on young people and on their training: building the future means to educate youngsters to our philosophy on grassroots sport and to create space to change it with them for the new challenges of the future. Their capabilities and motivation allow us to hope for an intergenerational exchange within the CSIT. Without that changes we would be closed into ourselves and therefore we would lose the contact with a major part of the population, who anyway will become the future very soon.

The 41st CSIT Congress opened with the Conference named “Sport Impacts All”, the First World Forum of Amateur Sport, that will become a regular format for the opening of the Congress. What’s the objective? "With the CSIT ExCom we have the objective first of all to have a yearly appointment with all the Congress Delegates to exchange ideas and experience on the role of sport promotion in the world, to put the spotlight on that. In this first edition we have shown some data on the economic and social impact of grassroots sports. We have also gathered information about some best practices at Italian and European level on sports and the capacity to engage young people. For the next editions, year by year, we will have other topics related to grassroots sports, hosting researchers and institutions, able to provide us academic and institutional perspectives on that, so to be able to be a movement that can every year raise questions and exchange experiences on our role on the world sports movement”.

That appears to be paying off: “Sport impacts All” attracted media, researchers, politicians as well as institutions. And then there is the co-operation with SportAccord. The last meeting was held in Lausanne (Switzerland) during the Forum of International Sports Federation. What kind of role is CSIT getting in the world sport movement? "We have invested a lot on the co-operation with the bodies such as IOC, SportAccord and GAISF in order to get them know us better and better, and what CSIT represents in the world. They showed much interest and currently they are for sure showing interest into the grassroots sport sector, more than ever indeed. Those bodies nowadays know that our confederation is an organization aiming to promote sport as a tool for social policies, a tool able to create the values of friendship, peace, tolerance, fight against discriminations, and promoting inclusion: those are the topics that confederations like CSIT know how to promote, better than the federations. Finally, the decision to have our own stand at the SportAccord Convention, that will be held in China from the 19th to the 24th of April 2020, will give us more capacity to interact with all the key-actors of the sector of the world sport movement”.

What’s your dream for the CSIT future? "To develop the confederation to become the official voice of the world amateur sport. I wish CSIT will become the engine of the grassroots sport promotion to actually work for the social inclusion all around the world, to involve and engage people at risk of discrimination and exclusion. I wish CSIT becomes the world confederation capable to represent the world engine of the world sport for all".
THE CSIT CONGRESS DAY IN ROME WAS OPENED WITH THE FIRST EDITION OF THE WORLD AMATEUR SPORT FORUM. A BIG AUDIENCE FROM DIFFERENT COMMUNITIES OF SPORTS, EDUCATION, ECONOMY AND SOCIAL POLICIES ATTENDED THE WORLD AMATEUR SPORT FORUM AT SALONE D’ONORE DEL CONI, THE ITALIAN NATIONAL OLYMPIC COMMITTEE, HOSTED BY ITALIAN CSIT MEMBER-ORGANIZATION AICS AND ORGANIZED BY CSIT.
In this opening session for the 41st CSIT Congress Week the speakers stated the importance of Sports for social inclusion, education, social cohesion, sport as transporter for important social values and economic platform. CSIT President Bruno Molea opened the Forum and welcomed the audience: "CSIT is a big movement with 42 member organizations worldwide. We have millions of sports men and women practicing sports in our different competitions. It is time to think about what we do and what we transport. It is time to show the world the importance of our movement. We are not about Olympic medals, but important for grassroots sports, also integration and inclusion."

Italian Minister for Equal Opportunities, Elena Bonetti, stated: "I believe the world of sports has an important role in our society. Amateur sport is one of the most important elements in the different communities. It plays a big role and in the support of families as educational tool. This is the reason why we are supporting the building of facilities for sports for establishing of communities."

The opening speeches were followed by reports on the Olympic perspective described by Francesco Ricci Bitti, president of ASOIF, The Association of Summer Olympic International Federations, and member of the Coni Executive Board, and by the vice-president of Coni Franco Chimenti. In addition to Sport in Comune, one of the strategic national projects of AICS, there will also be the presemination of the results of the European project OutSport against sexual orientation discrimination in the field of sport and of the European project YOUAca for the professional growth of future sport managers.
Since the CSIT Congress 2019 the Italian association F.I.S.A.C. Candidate is a member of the CSIT and was also personally represented by Vice President Prof.ssa Casadei Franca and Prof. Ciavolella Giampaolo in Rome. The aim of the association is to re-establish the sport of gymnastics in the CSIT (see page 21). In November 2020, the FISAC Games in Cesenatico/Italy will be the first joint event with several thousand participants under the patronage of CSIT: the "CSIT World Amateur Gymnastics Games 2020".

F.I.S.A.C. was founded in 2006 by a group of acrobatic sports enthusiasts as a point of contact in Italy for all activities at sports, amateur and competition level. Previously, dozens of Italian clubs with hundreds of members and passionate lovers of their disciplines had to organize their events and participations in events at national and international level independently of each other. The courses held abroad for technicians and judges of the various disciplines have always been unattainable for Italians and without any national title.

F.I.S.A.C. proposes the dissemination, promotion and organization of recognized disciplines, as well as technical protection, health and insurance for all participants of all ages. FISAC was granted the status of National Sports Federation in agreement with the National Council of the Italian Olympic Committee CONI on 23 March 2004. At the national level, these are the following sports: rope hopping, cheerleading, aesthetic gymnastics, cycling gymnastics, team gymnastics, tumbling, mini trampolines, acro sports, parkour, POLE, acro dancing and FitKid.

HOCSH (Hellenic Organization for Company Sport & Health) is a Non Profit Organization that aims to bring together companies, employees, sport organizations, other NGO’s and the society by facilitating social exchange and health improvement through sport and recreational activities within the company environment. HOCSH is the authorized Hellenic member of the EFCS (European Federation for Company Sport) and WFCS (World Federation for Company Sport) that operate under their auspices facilitating the participation of Hellenic Company teams in International Sport events.

The Sports Spirit and Fair Play concept is synonymous with the Hellenic heritage and is deeply rooted in the national consciousness from the Ancient times. The vision of HOCSH is to create a flexible platform, where such initiatives from companies and individual professionals can flourish, expand and therefore significantly contribute in further developing the sport culture in the country. HOCSH annually carries out a calendar of multiple actions and events that actively promote and develop sport practice and physical exercise for the participants from private companies and public organizations in Greece and abroad.

Some objectives of HOCSH are to create the necessary circumstances for the development of company sport in Greece and promote a "sports & health" company culture. To offer knowhow and guidance as to actively assist companies to integrate sport and athletics in their activities or to actively promote sport & health initiatives among Employees family members and especially youth to raise sport culture among the future generations.
The Korea Workers Sports Committee (KOWSC), established with the approval of the Ministry of Culture and Sports on March 30, 2007, has been running for 12 years, promoting a one-man one-sports campaign for the revitalization of workplace sports and the health of the Korean people.

Since its establishment, the Korea Workers Sports Committee has been enhancing its status by holding numerous competitions, including the Employment and Labor Ministry, the Culture and Sports Minister, the Science and Technology Information and Communication Minister, the Seoul Marathon, the Korea Workers Soccer, the Challenger Tennis Championship, the National Bowling Competition.

Starting with soccer events, the association started to be active. Currently, the association has been organized in 32 sports including Soccer, bowling, golf, marathon, Swimming, E-sports, foot volleyball, basketball, baseball, tennis, dance sports, Taekwondo, badminton, kick tennis, curling, etc. and is serving as an affiliated organization. In addition, 690,000 members are active in 17 municipal and provincial councils and 253 local organizations nationwide.

And as labor unions of companies representing the Republic of Korea, such as Samsung, Hyundai Motor, LG, and SK, are participating in their association’s event, the Korea Workers Sports Committee is a young and powerful organization with the representation of Korean labor sports.

The Korea Workers Sports Committee is making efforts to create a healthier and more energetic working welfare society by holding an official event of an affiliated organization and holding a national sports festival, to train the mind and body through sports, and to develop a healthy leisure culture for workers.

KWSF (Kosova Workers Sport Federation) is a non-governmental and non-profit association in the Republic of Kosovo, which was founded in 2009 and celebrated its 10th anniversary in 2019. The founders of the Federation were in a group of volunteers who introduced, approved and made operational a secondary legislation. This was necessary to carry out functional activities according to the statutes. The result was the state recognition of the KWSF as a successful and serious NGO for certain activities by fulfilling the legal regulations and the proper organization of sports activities according to the financial possibilities and annual plans.

Since 2011, KWSF has participated in international tournaments organized by various employee and amateur sports associations in Bulgaria (“Sport and Health”), Greece and Croatia (“Copa Del Mar FV”). Partly with very good results such as the tournament victory at the football tournament in Bulgaria and other good placings at other events.

There was always the problem of doing more with workers if the KWSP wanted to include the female gender. Last year there was some progress, as women were elected to the KWSF committees, which led to a successful basketball tournament with women’s teams. Despite its small budget, KWSF organizes many events every year, providing cups, medals, certificates and symbolic gifts.

Currently KWSF has an active contract with the Ministry of Culture, Youth and Sports, the Kosova Football Association, the Kosova Basketball Association, the Kosova Table Tennis Association and the Kosova Chess Association. As Candinacde Member of CSIT KWSF is doing the next step of international activities.
Friendship, Teamwork and Solidarity

42 COUNTRIES AND MORE THAN 4,000 PEOPLE AT THE CSIT WSG 2019


by Cristina Llaó, UCEC
he CSIT WSG are an open event for amateur athletes based on the idea of the "International Workers’ Olympiads" of the 1920s and 1930s and welcome everybody in an environment of tolerance, respect, sustainability and fair play. They provide the participants a real international sports week with touristic and cultural content as well.

Tortosa handled most of the sports like football, basketball, swimming, chess, wrestling, judo, tennis, miniature golf, boules and ping pong. Roquetes, the town next to Tortosa hosted volleyball and fistball. Wheel Gymnastics and World Dance Sport took place in l’Ampolla, figure skating in l’Aldea, Karate and Pole Dance in Deltebre.

Amposta was the one in charge of the athletics competition and the coast town known as La Ràpita handled mamanet, mini football, beach volleyball and beach wrestling as well. Furthermore, Salou took part in this event hosting American Football. All participants were divided into a total of twenty-four sports (officials and partners) that they could be seen in Ebre’s regions.

To organize these relevant popular games was an extraordinary task to be developed. Tortosa had a huge social and economic impact due to the media that has been part
of it. Around twenty media companies (locals and foreigners) were broadcasting the competitions during all week.

**THE UNFORGETTABLE OPENING CEREMONY**

As usual, the games started with the Opening Ceremony, that took place in José Otero Stadium and was preceded by a parade of all athletes through the center of Tortosa, featured with music bands and other elements of popular Catalan folklore. Around 2,500 spectators enjoyed this event in the stadium and also live on TV and internet.

Different cultural entities of Terres de l’Ebre and Catalonia participated together with the awesome CUCA, the official mascot of these games. The Opening Ceremony ended with a spectacular pyrotechnic festival. For the first time in all editions of the World Sports Games, the Opening Ceremony was followed live on streaming all over the world on the CSIT’s and UCEC’s website.

**VALUES AND TERRITORY**

A very important aspect was the values seen in the World Sports Games Tortosa 2019. These world games were marked by fair-play, friendship, teamwork, co-existence and solidarity above all. In this sense, they have become a world reference in the promotion of values in the world of sports.
In the end, Torotsa wanted to show other sports units of the mass sport what it means to have organized an event of this size with this final balance of the WSG 2019. In this way, these WSG said goodbye with a very positive balance, very good economic impact on the area and the satisfaction of having done the right work.

Sport has a universal language that allows the cultural mix and mutual knowledge of different countries, different ethnic groups and cultures, and the World Sports Games Tortosa have made it possible.

**VOLUNTEERS, THE MOST SUCCESSFUL TEAM**

These games could not be possible without the help of the volunteers. They made this event the most successful. They demonstrated the extraordinary capacity to be organized and to welcome everyone to this relevance international sport event.

Thanks to the hundreds of volunteers that transformed their personal experiences to a maximum implication work. Sacrifice, solidarity and teamwork vocation were the essential values that they showed to these games. We must emphasize the high ability to give everything to all participants. That’s why, after all, they become indispensable and the most successful team of the World Sports Games Tortosa 2019.

**EACH ATHLETE IS A WINNER**

Around 3,000 athletes took part at this event where they could enjoy sport under the real spirit of the World Sports Games. Each athlete was competing for making the sport a bridge to promote solidarity, democracy, friendship, teamwork... and to improve the quality life based on sports practice. That’s why every one travelled a long way to be in this event and to be part of it.

We just want to thank you for trusting us. Thank you for making this great event the most successful of this year.

Everyone is ready to welcome the new 7th edition of the World Sports Games 2021 in Zagreb. The host contract between CSIT and the Croatian host organization “Health Life Academy” was signed during the World Sports Games in Tortosa.

Time for more sport. See you soon in Zagreb!

WSG 2021 FROM 13TH TO 18TH JULY IN ZAGREB

The 7th CSIT World Sports Games Zagreb 2021, organized by the Croatian CSIT member Health Life Academy (HLA), will take place from 13th to 18th July during the summer holidays. All sports and venues compact within a short walking distance and recreational lake-area in the middle of the Croatian capital Zagreb.
Interview with UCEC’s president Jaume Domingo

JAUME DOMINGO, PRESIDENT OF UCEC (UNION OF SPORTS COUNCILS OF CATALONIA) VALUED HOW THE WSG HAVE GONE FOR THE CATALAN SPORT AND FOR THE TERRITORY.

Once the World Sports Games Tortosa 2019 have ended, what have they contributed to Catalonia?
The WSG were an important social and economic return to Tortosa and Terres de l’Ebre and a strong micro-economic impact on the area as well. We also have managed to show the importance of the amateur sport or popular sport to our citizenship and the administrations. It has been important to demonstrate that sport must be open to everyone and everyone must have the right to practice it even if it isn’t federated sport.

Do you consider that the WSG Tortosa 2019 have been a model event for amateur Catalan sports?
It’s a way forward. We think that the WSG are (more or less) a copy of the federated model. The Catalan sportive model wants to go forward to create a model for everyone: activities that allow women and men to play together, gender equality. We should consider the health and consequently adapt all competitions for all ages. Finally, we must find the way that all athletes can play in equal conditions (to play the same number of times, to play during a concrete time...). Our aim with this model is to have fun playing with all values different from the federated model whose only objectives are the sport results.

How do you value the work of all volunteers?
It has been formidable. Without them the WSG Tortosa 2019 wouldn’t have been possible. They have worked a lot and very well. Without volunteers the popular sport has no future, his work has been an example of responsible people, committed to their community. A great example of citizenship.

These games have been touched by fair-play, coexistence, friendship and solidarity ...
Yes. These are the most important aspects of the World Sports Games. In this sense, they are a good world reference for the values of sport. Sport has a universal language that allows the cultural mix and mutual knowledge of different countries, different ethnic groups and different cultures. The WSG make it possible.

Do you consider if is it possible to organize any event of this magnitude in the future?
We’re working on this in two projects: The Young Games and the Mediterranean Games. Firstly, young people are the future and we think that organize a specific competition for them it’s a good way to work with all values we talked about it. And secondly, for the Mediterranean Games, we believe that this event would help the whole area to understand what is happening with immigrations and the situation in many countries. Sport may be an element of mutual understanding and mutual knowledge.
The Mamanet movement started years ago in Israel and was rapidly spreading around the globe with thousands of women playing Mamanet all over the world. It is so massive, that Mamanet was honored several times in the recent years. The last Award given to Mamanet was the "EFCS Diversity Award" from the European Federation for Company Sport. The Award was for the "I AM AWARE" project for combining Sports with Health Responsibility through the Sports Court. "We play on the Court but not with our lives" was the theme of the project this year. I AM AWARE is a National tournament held once a year with over 1,000 participants, promoting the importance of getting checked for Breast Cancer to detect the disease at an early stage thus saving lives.

Mamanet started into the CSIT with a demonstration event at the World Sports Games 2015 in Lignano. Already two years later, Mamanet was a part of the CSIT family as main sport and held its first competition at the CSIT WSG in Riga 2017. Since then, also in Tortosa 2019, Mamanet is a fully recognized and implemented sport within the CSIT World Sports Games with many participants from the CSIT family.
REVIVING GYMNASTICS ACTIVITIES in CSIT

by Henk Bouchoms, CSIT

FOR MANY DECADES, GYMNASTICS WAS AN IMPORTANT SPORT WITHIN THE CSIT. IN THE LAST CENTURY, IN THE FIRST DECADES AFTER ESTABLISHING CSIT, IT WAS POSSIBLE TO BRING THOUSANDS OF ATHLETES TOGETHER IN THE WORKERS’ OLYMPIADS BETWEEN 1925 AND 1937 FOR THE GYMNASTICS EVENTS AND COMPETITIONS. FOR AT LEAST THE LAST SIX YEARS, IT WAS NOT ABLE TO ORGANISE CHAMPIONSHIPS DUE TO A LACK OF PARTICIPANTS. IN 2016, ALL ACTIVITIES OF THE TC GYMNASTICS WERE POSTPONED BY DECISION OF THE CSIT EXCOM.

Currently, there are a number of CSIT member unions who are practising gymnastics in their national unions. Based on this information, a survey was made about the worthwhileness of reviving the gymnastics activities, with a goal of organising CSIT Gymnastics championships in the 2021 edition of the 7th CSIT World Sports Games in Zagreb (Croatia).

In June 2019 five CSIT member unions arranged a meeting in Helsinki (Finland) where it became clear that there is a solid foundation for reviving the gymnastics and focusing on a sports program, that will lead to a respective and attractive championships in 2021. At this meeting, AICS offered to organise and host a sports event in Italy in late 2020 as a try-out for the sports competition for the World Sports Games of 2021.

A second meeting was organised during the last CSIT Congress to determine definitive steps for the set-up of the gymnastics program. Even more unions were present and divided tasks under the attending unions to write the draft programs for the categories.

It became clear that it is realistic to organise an international gymnastic event together with new member F.I.S.A.C. in November 2020 in Italy to fine tune the categories, and to launch successful championships of Gymnastics at the CSIT WSG 2021 in Zagreb, divided in several categories of young athletes.

CSIT is focusing on the five categories to implement in the CSIT Gymnastic championships: Team Gym, Aesthetic group, Rope skipping, Rhythmic and Artistic.

Most of the national unions are practising these categories and it is possible to bring enough athletes together for the championships.

However, there are more categories within gymnastics that can be organised and can be introduced in the gymnastic event in 2020 in Italy as Acrobatics, Fitkid, Cheerleading and Parkour. These categories will be also on the list of the 2020 event in Italy. Based on this experience, the program and categories of the CSIT Gymnastic championships can be extended for future championships.

At the moment, the member unions present at the October meeting are working in the background on the necessary documents in order to be ready in time to present the CSIT Gymnastic Championships in the first invitation of the CSIT World Sports Games 2021. This invitation will be sent out in the beginning of the second quarter of 2020.

Unions who are interested in taking part in this initiative can contact CSIT Sports Director Henk Bouchoms sportsdirector@csit.tv
Citizens will be mobilized and motivated to interact with each other and to make their skills and voluntary work available to the community. The active engagement of natives and migrants will foster a more positive perception of migration and promote the construction of a counter narrative against the “invasion” rhetoric that dominates public debate on migration and asylum in Europe.

The Bridges project is co-funded by The Asylum, Migration and Integration Fund (AMIF), and managed by AICS as the leader of a partnership composed by nine organizations from five EU countries (Italy, Spain, Greece, Croatia and Austria).

The project raises the challenge of fighting xenophobia, cultural barriers and social divisions by promoting community cohesion.

PROJECTS

1. Bridges in Florence by AICS – Children from all over the world learning to know each other through

At this first BRIDGES public community event in Florence, Italian and foreign children were encouraged to play together to get to know each other. A perfect opportunity for BRIDGES to present itself to the city.

On 12 October, the Volunteering Festival took place at Villa Pallini, the headquarters of District 5 in Florence. Together with all invited citizens and more than 27 non-profit organizations, the European project BRIDGES – Building Relationships and Integration by Developing local Groups and Enhancing Solidarity took place.

Participation in the Volunteering Festival gave the BRIDGES project the opportunity to introduce the foreign associations collected through the work of the AICS Community Organizer to introduce the local community and involve nonprofit organizations.

This was the first public community event organized with the aim of promoting interaction between the local community and migrants. During the festival, the BRIDGES project had a stand that became a “showcase” for the foreign associations that joined the project to introduce themselves to the local community of the district and to animate the festival with the cultural and sports initiatives they had prepared: the foreign associations that represent Peru, Colombia, the Philippines, Sri Lanka and Senegal, committed people of all ages, children, youth, adolescents, adults and seniors to participate in the festival.
“Leyendo pinto”

Among the activities carried out by the associations and coordinated by the organizers of the AICS community, there was a special one in which many children, both local and migrant, took part: the workshop “Leyendo pinto”, organized by the association “Colombia ES”, which made Spanish lessons possible by drawing and reading Colombian stories.

Normally the activity is carried out in schools, but in this case, it was designed to involve all children in the neighborhood. In fact, almost all the children participating in the festival took part, regardless of their families’ country of origin. In some cases, children between the ages of 4-5, who interact independently of the spoken language, have got themselves dirty with colors so that they have fun and involve their parents and families.

The infectious way of experiencing the workshop became an opportunity for parents standing with the children to interact and have fun with the other families. The parents were particularly interested in the special colors and shapes of the carnival masks that their children drew and wore. Each mask had a meaning that had to be discovered in Colombian culture and a Spanish word that could be used.

The workshop thus became an opportunity for adults and children to interact and build new relationships. A Colombian family and an Italian child with his mother and grandparents were particularly committed: It turned out that the children were from the same school, but it was the first time their families spent free time together!

During the day, masks were used to visit the stands of the other festival to introduce the participants to the workshop, the Colombian cultural initiative and their commitment. Colors, pencils, paper, table, seats, some basic Spanish words and a piece of free garden were the basic and simple ingredients of an activity specially designed to involve a variety of people in a fun – interactive – collective walking show.

Such a story is only a small example of the value that can be created for the neighborhood if the community organizers promote interaction and cooperation between the various associations (Italians and foreigners) and the citizens living in the area. The events promoted by the BRIDGES project have offered the opportunity to strengthen this spirit of cooperation that was born on this day.

2. Bridges introduction in Greece by ANTIGONE – Interactive Workshop with the students of the Technical Vocational High School

The project was located in the street Monastiriou in the western part of Thessaloniki. Teenagers from different backgrounds met on 22 November as part of the BRIDGES project. The ANTIGONE team conducted an interactive experiential workshop with a group of young people from Syria, Afghanistan and Greece.

During the workshop 35 students explored what changes they can make in their neighborhood and community by working together in cultural, volunteer and sporting activities of their interest and developing the next steps of their team.

The results of the workshop were positive and promising and will be repeated with the general population of the school. The school is located on Monastiriou Street, one of the city’s largest highways, in an industrial, rather disadvantaged area of Western Thessaloniki, close to the regional train station. It is common for tensions and conflicts to take place in the region, with the school being a multicultural meeting place between Greek, Balkan and national pupils from third countries.

The workshop was designed interactively to make participants aware of the potential of their cooperation, which can lead to joint creative work that transcends borders. During the workshop, the BRIDGES project was presented to the participating students and they were all invited to become bearers of a peaceful and collaborative coexistence that is the dynamic core of their community.

3. Sports Fun and Come together – Center for Peace Studies held together with Football Club 041 the first Bridges event in Zagreb

The event on 19 October was a mixed team football tournament, i.e.
the teams consisted of men, women and children, and it was organized in the neighborhood of Dugave. The main goal of the tournament was to spend an active day in the sun, doing sports, having fun and being together.

The tournament took place in the home field of FC041 and lasted the whole day into the evening. Besides football, there were many games for children and a culinary team that made sure that nobody stayed hungry! The tournament was attended by a large group of various supporters of the football club, locals from the neighborhood and people from the nearby reception-center for asylum seekers.

10 teams took part: Are you Syrious?, a team consisting of AYS volunteers, FC041 female players and refugees, CMS team consisting of CMS staff and volunteers and refugees, Bicpop team of bicycle repair volunteers, FPZG, a team of political science students, MAZ, team consisting of members of the anti-fascist network Zagreb, Klinči 041, a team consisting of FC041 junior team refugee children and several other teams: Hanan, NUP, Motka and WAZ.

The ten teams were divided into two groups, all competing against each other. Two of the best teams from each group then met in the semi-finals. The final was a game between Hanan and FPZG, a very dynamic game that ended with a 2-2 draw and a penalty shootout. Hanan won the tournament!

The event, which was marked by a positive atmosphere, brought together local residents, asylum seekers, refugees, football fans and club members who were active in Dugave’s neighborhood for a day where they spent time together, ate good food and cheered each other on during the games! The main question many people asked after the tournament was: “When are we going to do this again? Hopefully, very soon!

4. Gardezi Syed Anyan Ali – A Personal Story from Thessaloniki

Gardezi Syed Anyan Ali arrived in Thessaloniki as a refugee, and felt immediately comfortable with the city and the local community – BRIDGES works

Hi, I’m Gardezi Saed Anyan Ali, but everyone calls me Ali-Shahgy by my nickname. I am 27 years old and come from Kashmir, a region in the extreme northwest of India that is historically shaped by India and Pakistan. The great support in Thessaloniki helps me to work out the idea to start a new life in a foreign country with a different culture and language, even though sometimes I feel that my heart and spirit are still in my hometown.

In Thessaloniki I met Intersos, an NGO that works for the preservation of groups of disadvantaged people. They assigned me with a social worker and a psychologist to help me with the integration. They support me daily, let me express my feelings and thoughts and talk about my past and present life in the city. They help me to integrate into the new society by making friends and connections and informing me about the activities and initiatives I can find in the city. Through Intersos I have learned that I have the opportunity to participate in European projects.

I was previously involved in another project and took part in a workshop on social media at the United Societies of Balkans. I also took part in the Green Wave Festival. In the beginning I was not interested in the activities because I thought that it would not be useful for me and that I wasted my time. But I continued to participate and suddenly I realized that I was learning new things like taking pictures, writing articles and working with other young people. In November I will be volunteering at the film festival and I am very excited about it.

Now that the activities I have participated in are almost complete, I am ready to start a new project! I would also recommend it to my friends and other young immigrants and refugees who live in the same condition as me, because experience has given me something to do these days. I would like to be involved again in future programmes as I was very busy during the project. And for the first time since I’ve been here, I felt that I was doing something good for myself and the community.

5. CRO-AFRO Party in Buena Vista Club Zagreb – CPS in collaboration with association Afro Badinya organized a second integration event

The event, entitled CRO-AFRO Party, took place at Buena Vista Club in Zagreb and consisted of two workshops led by dancers and musicians working in Afro Badinya: a Drumming Workshop and an Afro Dance Workshop. A Senegalese cook
Living in Croatia prepared delicious Senegalese food for the guests.

After the workshops, the Ghanaian acrobat living in Croatia performed a show, followed by a musical performance by Zbor Homeguests (Choir Homeguests) who sang together with members of Afro Badinya. Finally, a percussion performance together with an open musical jam session concluded this cultural evening. The event brought together new members of Croatian society and locals to fill the gaps of our differences through cultural exchange!

Afro Badinya, which means African family, is an association that is open to all and consists of migrants and locals. Afro Badinya promotes African cultural heritage through creative musical and artistic projects. The association emphasizes that its goals are intercultural exchange, the promotion of equality for all and the prevention of racial discrimination.

The choir Homeguests (Homeguests) is an amateur choir composed of old and new members of Croatian society, where it is not important who is "native" and who is "foreign". The choir was founded in 2016 and performs in various world languages with the aim of reducing prejudice and xenophobia in Croatian society through cultural exchange.

Homeguests and Afro Badinya worked tirelessly together to prepare the songs they played during the event.

6. The story of Mike – A Personal Story from COSPE Florence – Mike Okoh is a 28 years old Nigerian man who has been working for 2 years in the underpass of Cure, one of the residential districts of Florence.

Mike gets up every morning at 6, except on Sunday. He takes the train from Empoli – where he lives alone in a rented house – to get to Florence. From the early morning Mike stays in the tunnel of the underpass – that has been elected the reign of the city's street art – talking with the passengers and selling his goods.

Mike, who pays 300 Euros rent in Empoli, can afford to live modestly selling tissues and lighters from 7 am to 2 pm. He gets away from the underpass only to attend Italian lessons for five months now, which are improving his linguistic competences very much.

Mike talks to everyone he meets while working and he remembers perfectly their names, their jobs and their problems, if they've been willing to tell him. He is well known in the meanwhile and loved in the neighborhood. But in spite of that, on November 11th, he was assaulted by two people covered by a hood who kicked and punched him.

Mike, helped by a young writer, was treated at the drugstore of the district and then, accompanied by COSPE, he went to the police station to report what happened. The answer of the neighborhood's community to the racist aggression arrived quickly with messages of support.

Many people went to visit him after what happened and, thanks to some local organizations a pacific protest was organized a few weeks later, with workshops for children, writer's performances and dances in the main square of the district, to support Mike and to refuse violence, reacting in a wonderful way to the assault in the underpass and showing a big heart and solidarity.

Mike's story in Florence is a story of almost accomplished welcome but also of refusal and hate, and it tells us how important and necessary it is to create a network between the citizens, the institutions and the civil society, so that we can build BRIDGES and not walls.
EU-project Bridges – Interview Valeria Gherardini

PROJECT MANAGER VALERIA GHERARDINI FROM AICS ABOUT THE IDEA AND INSTALLATION OF THE EU PROJECT

How was BRIDGES born?

Bridges is an EU co-funded project modelled on the CSIT member organisation AICS (Italy), which started experimenting with a first asylum centre in Florence already in 2015. Since migration flows became an emergency and structural phenomenon at that time, AICS, an association that has been historically involved in sports, cultural and social policy since 1962, decided to make a contribution by setting up a professional team and providing scientific support to the University of Padua.

What was the aim of the project?

At that time, AICS wanted to make a contribution with expertise. It was therefore a pilot project to promote social cohesion. Therefore it was clear from the beginning that the goal could not only be the asylum seeker as a newcomer, but that the community as a whole had to be involved. So we had to prepare the local community to treat the project as a whole and use the newcomer phenomenon as an opportunity to strengthen social cohesion.

This is why we have started to accept asylum seekers who encourage the active participation of the local community (institutions, social associations, churches and citizens, sports organisations, theatres and businesses) in order to provide newcomers with the opportunity to receive community reception tools (e.g. Italian language, administrative procedures for interaction with local institutions, job search) as well as to participate in community-based activities (e.g. voluntary activities, sports practices and cultural initiatives).

Instead of focusing only on migrants to provide these services, the pilot project focused on the commitment of the local community to involve newcomers and involve them as citizens, even if they were not or are not legal citizens.

Was there EU support at that time?

The project was considered by the German Bundestag as one of the EU’s best practices from which German asylum centres could draw lessons. This is why a delegation of the German Bundestag visited the centre in Florence in 2017 to gather ideas and exchange experiences and expertise.

Did the project also meet with national approval?

After first experiments, we as AICS started to discuss it with other partners in Florence. With COSPE – an ONG dealing with international cooperation in Florence and in many parts of the world – and with SOCIOLAB – an association dealing with participative approaches in communities, on the need to apply this model not only in the case of asylum seekers, but in all communities that can experience the presence of migrants (including third-country nationals) as a critical situation affecting the social cohesion of the community. After a period of experimentation and reflection, there was a need to spread, to transmit and reflect more.

When did you start thinking about an EU project?

After all the discussions, the decision was quickly taken to look for an EU Call (AMIF programme) that would allow a new model and role, the community organiser, to be proposed for all communities, with the aim of promoting social cohesion.

What were the selection criteria for the partners?

After strengthening cooperation at national level, we had the opportunity to reflect on the involvement of existing AICS partners who could have joined us in this new pilot project. And each of us started to engage organisations that could have had enough expertise to carry out the tasks foreseen in the project application.

CPS (Croatia) was selected for its expertise in managing asylum seekers and refugee centres, as well as for its expertise in combating xenophobia and promoting peace processes.

UCEC (Spain) was chosen because it is the Catalan grassroots sports organisation linked to many local authorities to offer sport as a tool to promote social cohesion in the communities. UCEC commissioned the Municipality of Tortosa (Spain) to acquire the expertise of the cultural and social sector from the project.

ANTIGONE (Greece) is an ONG that deals with social activities aimed at promoting social cohesion in the municipalities. In turn, they have decided to involve USB in particular for its expertise on the involvement of the local community in the design and organisation of sports practices and cultural initiatives.

CSIT (Austria) – as an international amateur sports federation, is the optimal organisation whose basis can guarantee the international dissemination of the best practices carried out within the framework of the project.
Successful "YOUAca" PROJECT EXTENDED

LAUNCHED IN MARCH 2019 THE PURPOSE OF "YOUACA" WAS TO GIVE YOUNG PEOPLE FROM THE CSIT MEMBER UNIONS KALEV (ESTONIA), TUL (FINLAND), UCEC (SPAIN) AND AICS (ITALY) THE OPPORTUNITY TO GAIN SPORTS MANAGEMENT SKILLS OF GRASSROOT SPORTS UNDER THE LEADERSHIP OF CSIT.

The 41st CSIT Congress should mark the end of the EU project “YOUAca”. Just in time before the opening of the 41st CSIT congress the European Commission confirmed the extension of the successful CSIT project Youth Academy “YOUAca” for another year till the end of 2020.

The last “YOUAca” meeting in Rome started with the closing presentations of the participating teams which were officially presented at the 1st World Amateur Sport Forum at the CONI headquarters in Rome. To receive valuable feedback from experienced sports management experts the project leaders invited CSIT President Bruno Molea and some members of the CSIT ExCom to listen to the presentations and give last inputs to the Young Leaders work.

After the contribution of final thoughts from the CSIT leaders Valeria Gherardini from the president’s office happily announced that the application for “YOUAca 2.0” has been approved by the European Commission. The training program of “YOUAca 2.0” will be characterised by the “Learning by Doing” approach. The participating teams are the same, extended with a new group from the new CSIT member Health Life Academy (Croatia), the organizer of the 7th CSIT World Sports Games 2021 in Zagreb.

During two international meetings and one internship the Youth Academy will engage 50 youngsters and young adults as well as 27 experienced senior sports leaders from across Europe. In addition, in order to enhance the developed skills from the first edition of the project, peer trainers consisting of the best young leaders evaluated out of the first edition will complete the team "YOUAca 2.0".

Successful "YOUAca" PROJECT EXTENDED

LAUNCHED IN MARCH 2019 THE PURPOSE OF "YOUACA" WAS TO GIVE YOUNG PEOPLE FROM THE CSIT MEMBER UNIONS KALEV (ESTONIA), TUL (FINLAND), UCEC (SPAIN) AND AICS (ITALY) THE OPPORTUNITY TO GAIN SPORTS MANAGEMENT SKILLS OF GRASSROOT SPORTS UNDER THE LEADERSHIP OF CSIT.
PROMOTING SPORT FOR KIDS FROM SUBURBS

the AICS “SPORT IN COMUNE” project

by Patrizia Cupo, AICS

Encourage outdoor sport and exercise for children in suburbs and small villages of less than 10,000 inhabitants: This is the aim of the “Sport in Comune” project. The basic sports project started in 2019 and was distributed throughout Italy by the Italian CSIT member organisation AICS (Associazione Italiana Cultura Sport). In only ten months, more than 20 Italian provincial administrations succeeded in involving many thousands of small villages throughout the country and more than fifteen thousand children aged 6 to 14 years.

The results of the project, which received the partnership of the Italian Olympic Committee and the co-financing of the Italian Presidency of the Council of Ministers, were presented under the “case studies” of the 1st World Amateur Sports Forum “Sport Impacts All”, which opened the 41st CSIT Congress in Rome.

The national coordinator of the project, Alessio Silvestri of AICS, presented the results and clarified the objectives of the project: 1. promotion and revitalization of the Italian suburbs, 2. creation of new networks between AICS and local authorities, 3. implementation of the national network of sports promotion measures for children and, above all, 4. promotion of outdoor physical activity as an instrument of friendship for all those areas that do not have sufficient sports opportunities and capacities.

The project was aimed at small villages which, supported by the local committees of AICS, organized physical activities outdoors, such as Volleyball, mini volleyball, mini basketball, mini football, tennis, karate, judo, skating, athletics, cycling, sports dancing, athletics. 20 AICS local committees in Italy joined the national project. Through these committees and with the support of the National Headquarters of AICS, the local physical activities were organised as free opportunities for all children in collaboration with many schools, local authorities and local associations.

In each participating provincial administration, not only the local authorities, but also teachers and...
families were involved in organizing the outdoor activities. These aim to bring new perspectives to the area and promote new relationships.

From all the sports events organized at local level, each village involved in the project was invited to send a delegation of young athletes together with teachers and parents to the national sports event “Sport in Comune”. The final took place in Cervia, Emilia Romagna region. More than 100 children took part in mixed sports events and competed as representatives of their village. All proposed activities were based on the principle of team building, included the individuals and were organized as relay races. The final ended with a day full of fun for all participants, for the children involved in the field and for teachers and parents as the best team supporters.

The Sport in Comune project received the partnership of the Italian Olympic Committee and the co-financing of the Italian Presidency of the Council of Ministers.
The Bulgarian workers’ sport is 120 years old. The first workers’ sports club in Bulgaria, called “Borets” (“fighter”), which also had educational functions, was founded on 2 June 1900. This took place in a slum area of Sofia called Yuchbunar.

On February 14, 1990 the Federation of Physical Education and Sport among Workers in Bulgaria was founded in Pleven. Later the name of the organization was changed to Bulgarian Workers’ Federation “Work, Sport and Health” and today it is called Bulgarian Workers’ Federation “Sport and Health”.

Two persons formed the basis of the constituent assembly: the long-time sports activist and employee of the Bulgarian trade unions Kostadin Parzulov, also the first General Secretary of the Federation, and Stefan Botsev.

These were difficult times for Bulgaria. Fundamental political changes were taking place and it was the first federation to be founded in Bulgarian sport after 10 November 1989 – a symbolic date in the history of the country after which the state took the path of democracy.

The beginning of the work of the new association was very hard – there was a lack of funds and sports was no longer recognized by the trade unions as a powerful tool for social action and responsibility. Nevertheless, the first workers’ sports games were held in 1995 at the Koprinka Dam in the city of Kazanlak. More than 800 workers and sportsmen took part in the competitions in seven sports.

In 1997 Dr. Zhelyazko Hristov became President of the Federation of Independent Trade Unions in Bulgaria. This also had positive effects on workers’ sport, as Dr. Hristov was a great master and activist of workers’ sport. Dr. Hristov and Kostadin Parzulov, who already headed the Federation, formed the basis for the second birth of worker sport in Bulgaria.
The Second Open Workers’ Games took place in the Albena Resort in 2000 and there was already international participation. 550 athletes from 6 countries came to Bulgaria and competed in 9 sports. The games were dedicated to the 10th anniversary of the Workers’ Sports Association and the 100th anniversary of the workers’ sports in Bulgaria.

Subsequently, the Bulgarian Workers’ Federation “Sport and Health” organized 16 Balkan and international workers’ sports festivals with a total of more than 30,000 participants.

BWF “Sport and Health” suggested to CSIT to organize world sports games instead of individual championships and in 2005 and 2007 organized two experimental editions of world games in Albena as well as later the 3rd CSIT World Sports Games 2013 in Varna.

It is difficult to list and systematize all the sports events, field days and competitions that the BWF “Sport and Health” has organized in the last three decades. The competitions of the association were supported by the Bulgarian Sports Ministers Mr. Hristo Hristov, Mr. Vasil Ivanov – Luchano, Mrs. Vesela Letcheva, Mr. Svilen Neykov, Mr. Krassen Kralev. Among the largest national competitions are the Field Days of Energy Technicians, Miners, Bank Employees, Water Supply and Sanitation Employees, Teachers [with international participation], Post Officers and Bank Ski Championships.

Bulgaria also welcomed two CSIT Futsal World Championships (1999 and 2010) and one CSIT Karate World Championship (2006). At Bulgaria’s suggestion, beach volleyball was added to the sports in which CSIT organized major championships in 1996. The CSIT Beach Volleyball Championships 2018 took place in Bulgaria.

In the last three decades, a total of 150,000 workers’ athletes from Bulgaria and guests from more than 30 countries from all over the world have taken part in all events under the auspices of the BWF “Sport and Health”.

In 1993, at the CSIT Congress in Eilat (Israel), the Bulgarian workers’ federation “Sport and Health” was accepted as a full member of the CSIT. In 2002, Albena hosted the 32nd CSIT Congress and Prof. Dr. Zhelyazko Hristov and Kostadin Parzulov received honorary decorations from CSIT President Kalevi Olin. In 2010, during the 8th International Workers’ Sports Festival in Albena, CSIT President Harald Bauer also awarded Mr. Parzulov the highest CSIT Badge of Honour – the Golden CSIT Badge. In 2012 Bulgaria welcomed another CSIT Congress – the 42nd Congress in Varna.

Since 2008 Ms. Desislava Yagodin is a member of the CSIT Executive Committee and since 2009 President of the BWF “Sport and Health”. Mr. Kostadin Parzulov is Honorary President. Ms. Yagodin was elected CSIT Vice President during the CSIT Congress 2011 in Rio de Janeiro and during the CSIT Congress 2015 and CSIT Congress 2011 she was elected CSIT Vice President in Rio de Janeiro.

In the meanwhile Plamen Dimitrov is chairman of the Bulgarian Association of Independent Trade Unions and continues to follow the trend started and confirmed by Prof. Dr. Zhelyazko Hristov to support workers’ sport in the country.

The next big event of the Bulgarian Workers’ Federation “Sport and Health”, the Seventeenth International Workers’ Sport Festival, is dedicated to the 30th anniversary of the Federation and will take place from 9 to 14 June 2020 at Albena Resort, Bulgaria. We would like to ask all CSIT member associations to send teams to participate in the festival, because we firmly believe that the more participants we have and the more countries we represent, the more exciting and competitive the festival will be for all participants. We count on your support to organise a truly remarkable sporting event!

We hope that you will accept our invitation and that together we will celebrate 30 years of BWF “Sport and Health” and 120 years of workers’ sports movement in Bulgaria!

I look forward to seeing you in Albena!
SINCE 2018 WALKING FOOT AT FSGT HAS DEVELOPED VERY STRONGLY. THE STARTING POINT WAS TO GET TO KNOW THIS ACTIVITY DURING THE CSIT WORLD SPORTS GAMES IN RIGA IN 2017, WHICH WAS PRESENTED BY FROS (BELGIAN FLEMISH FEDERATION OF SPORTS FOR ALL, MEMBER OF CSIT) WITHIN THE FRAMEWORK OF THE ACTIVITIES FOR SENIORS +55.

Walking football is a new form of football in which all movements are performed while walking and contact between players is forbidden. The ball should not exceed the height of the hips. In general, 5 against 5 is played on a reduced pitch of 25m to 30m.

Walking does not mean “being stopped” or “no longer being good for nothing”. When walking, we compensate this by letting the ball run and always being in motion, which can lead to exciting games.

Walking football is a “real” sport: technical, tactical, playful. An answer to the needs of seniors in terms of adapted sports activities and social contacts. It is often practiced in mixed gender.

NO AGE LIMIT

It is for everyone from 50 to 75 years and older, whether you are a former football player or a complete novice. It allows people over 50 years of age to continue to exercise...
Walking football is a “real” sport: technical, tactical, playful. An answer to the needs of seniors regularly with significant benefits or to resume activities.

There are two types: a “leisure” practice, where the aim is to regularly engage in sporting activity, particularly as part of prevention, health and well-being, and a performance or competition practice for former football players with a high level of physical fitness, technique and speed.

Walking Foot enables everyone between the ages of 50 and 75 to play together and experience the shared values of team sports. At an age when we often limit ourselves to physical activities called “well-being”. The players’ testimonies are meaningful: “Every time we play, we improve, it’s a second youth”.” “It’s soccer going, not soccer in front of the TV.” The players experience a real physical renaissance and create new social and friendly bonds.

Walking Foot, which is offered to older people over 50 years, is the first axis of development, but the potential of activity is much greater. It is coherent for common practices between people with disabilities and without disabilities and across generations, including families.

Walking Foot was invented in the UK in early 2010 and today has more than 1,000 clubs and 10,000 practitioners. In June 2019 the first “World Championship” took place in London under the patronage of the International Walking Football Federation (IWFF). FSGT participated with 2 teams of the FSGT local committee of Bouches-du-Rhône (Marseille). Walking Foot is an innovative sport, which many CSIT member associations could practice, why not the CSIT with a first international CSIT Walking Football Championship.

More information and videos on www.footpopulaire-fsgt.org
SPORT HAS A UNIQUE AND UNIVERSAL POWER TO ATTRACT, MOTIVATE AND INSPIRE. CHILDREN AND YOUNG PEOPLE WITH INTELLECTUAL DISABILITIES WANT THEIR NEEDS AND DESIRES TO BE RECOGNIZED, GIVEN APPROPRIATE SUPPORT AND AN ACCEPTABLE ENVIRONMENT. PARTICIPATION IN SPORTS COMPETITIONS GIVES CHILDREN THE OPPORTUNITY TO EXPRESS THEMSELVES, STRENGTHEN THEIR SELF-CONFIDENCE, REDUCE TENSION, INCREASE PERSONAL ACHIEVEMENT, SOCIAL INTERACTION AND INTEGRATION, AS WELL AS TO LEARN SOLIDARITY AND JUSTICE.

by Dario Jagić, Health Life Academy
CLUBS AND ASSOCIATIONS INCLUDED IN THE PROJECT:
FC Dinamo Zagreb, FC Rijeka, FC Istra 1961, FC Osijek, FC Slaven Belupo, FC Međimurje Čakovec, FC Bleiburg Austria, FC Munchen 1860, School of football “Respekt” Sarajevo, HC PPD Zagreb, HC Rovinj, HC Koprivnica NOA, HC Varaždin 1930, HC Metković Mehanika, WHC Lokomotiva Zagreb, Handball Specials Wiena, Handball special Graz, Tenis club Travnjak.
Mexican Work Congress was conceived in 1966 to guarantee a high productivity and to attend Worker’s needs. It was created with 10 commissions, including the Sport Commission that established the Instituto Nacional del Deporte Obrero INDO (Sport Workers National Institute) in 1986. Work Congress has more than 52 Unions and INDET’s programs are open to all publics. Work Congress goals are to promote and guarantee high productivity and attend worker’s needs. Since its beginning, Work Congress has promoted the Labor Sports Program.

The Sports Commission was successful in two very important projects. First, all Unions included a Sport Clause in their Work Contracts all around Mexico. Second, the Work Congress Lawmakers proposed and enacted the Law that made obligatory for industries to support Labor Sports among their employees. This was the way how Sport Leagues started at the factories and work centers.

1972 was the year for the 1st Labor Games, an event with no appointed staff. Physical Activities and Sport Teachers working for the Education Ministry were commissioned to organize these Games in the Work Congress, completely funded by the National Government.

In 1983 Work Congress’ Sport Commission started to give direction to the Sport Leagues. The INDO (Sport Workers National Institute, created in 1986 for this purpose, was given financial budget by Mexican Government that same year. Labor Games became National Sports and Recreational Workers Games. During 2019 we have celebrated its 47th Edition.

In 1990 INDO’s name change to Workers Sports Institute as it is known today: INDET. Its main objective is to promote and defend Sport as a Mexican Constitutional Social Right.

The Sports Leagues are INDET’s main core. They operate at local facilities at industries both Municipal and State Levels using Public Sport Facilities managed and maintained by those same Government levels. Finally, the Sport Leagues are the heart of INDET’s National Sports and Recreational Workers Games with
the participation of 2 million workers all around the country from May to September, certainly the most important Program INDET has.

On the other part, INDET’s International Sports Exchange Program has the purpose to give Mexican and Foreign Workers the great opportunity to live the experience to participate in International Sport Events. INDET organized the 1st Workers International Marathon in 1983, an astonishing event that gathered athletes from many Countries like Bulgaria, Canada, Costa Rica, Cuba, France, Germany, Kenya, Russia and Tunisia. In 1987 the 1st Edition of the Workers International Sports Encounter was held in Mexico City with teams from Belgium, Brazil, Bulgaria, Canada, Costa Rica, France, Israel, Netherlands, Puerto Rico, Russia, Tunisia and United States, among others. Those events were maintained more than 25 years.

Some other very important Programs were created to support SPORT as the CONSTITUTIONAL RIGHT workers have. Physical Activation and Recreational Program is oriented to men and women that do not belong to sports organizations. With this Program, INDET opens Physical Activities Modules at Labor Unions Offices to attend their workers. Also, INDET organizes Family Sport Festivals and Sport Fairs at public parks and squares and delivers public massive sports events.

The Sport National Training is the fourth Program INDET offers every year: a 40 hours Sport Training Course plus conferences and short programs focused on themes related to Sport. This Program is addressed to Union Sport Commissions Heads, Coaches, Monitors and Public to leverage their skills and capacities from empiric practice to technical knowledge.

INDET follows the guidelines of Mexican Sport Ministry and implements across the country its 4 Programs to achieve the following goals: improve Workers’ Health, increase Labor Productivity and Promote Family and Social Integration with an improved quality of life.

Regardless the austerity measures the new Mexican Government has put in place, INDET has clear that Sport is a Constitutional Right for Mexican Workers and will continue working for it and defending it, because at INDET we certainly believe that SPORTS IMPACTS ALL.
WE WERE PROUD TO PRESENT THE 100TH ANNIVERSARY CELEBRATIONS OF THE FINNISH WORKERS’ SPORTS FEDERATION (TUL) IN THE LAST ISSUE OF THE CSIT NEWS MAGAZINE. NOW IT IS TIME TO LOOK BACK ON THE YEAR OF CELEBRATION AND BRING YOU THE HIGHLIGHTS.

THE HIGHLIGHTS OF TUL100

The festivities kicked off in January with the TUL Day celebrations, where the original sports clubs that founded TUL 100 years ago signed an agreement to continue our work for the next 50 years. The TUL jubilee exhibition was also launched and started its grand tour of Finland.

In May TUL published an anniversary book on the history of TUL focusing primarily on the last 40 years and took to the Baltic Sea on a celebratory cruise.

The crown jewel of TUL100 was the event weekend mid-June. Member clubs of TUL organized events in 20 different sports in Helsinki and the metropolitan area, inviting more than 2500 people to take part in competitions and championships, try out new sports and get to know TUL and its member clubs through fun activities. The Theatre Gala showcased the
talents of 26 hand-picked gymnastics and dance groups in the beautiful Helsinki City Theatre. The main event, Joukkojen juhla ("Festival of the Masses"), portrayed the 100-year history of TUL through massive choreographed dance numbers, athletic performances, music and lights. More than 1800 people performed in Joukkojen juhla in homage to the builders, gymnasts and athletes of TUL. The event weekend ended with TUL’s general assembly, where Lasse Mikkelsson was chosen as the chairperson of TUL for the next four years.

2020 LOOKING FORWARD TO A YEAR OF CHAMPIONS!

2019 is over, and TUL100 with it. At the time of writing this, there are still local and regional TUL100 events being organized all around Finland. Our goal was to have 100 regional and local events bearing the title of "TUL100" – a goal we found much too low very soon: our member clubs have organized round 250 TUL100-events. Through these events, the "Festival of the Masses" as well as the Theatre Gala and other celebratory events and activities, the TUL100 celebrations have yet again proven that the heart and soul of TUL are its member clubs with their volunteers, athletes, trainers, performers and supporters. This is our recipe for another 100 great years.

In the year 2020 TUL will be hosting several major international competition events.

The CSIT Tennis Championships will be held at the Pajulahti Sports Institute in Nastola on the 26th–30th of July. The CSIT Swimming Championships will take place in Oulu one month later, on the 27th–30th of August. TUL will also be hosting an international gymnastics competition in Turku in 2020. Please stay tuned for more information on these events! We look forward to having you here as our guests.
IN ACCORDANCE WITH THE AGREEMENT OF THE IRANIAN SPORTS FEDERATIONS “FEDERATION OF AMATEUR AND WORKERS SPORTS OF IRAN (FAWSI)”, 20 ACTIVE AND 7 DEVELOPMENT ASSOCIATIONS WILL IN FUTURE OPERATE IN IRAN UNDER THE SUPERVISION OF FAWSI

In a meeting with Javad Ramzi, the president of FAWSI, the FAWSI board members decided to reorganize the activity status of the sports federations and to categorize them into 1. active federations and 2. developing associations.

According to the reports of the FAWSI Regiment Working Group, the categories will be as follows:

ACTIVE FEDERATIONS

Football, Mountaineering, Karate, Taekwondo, Martial Arts, Wushu, Judo, Volleyball, Handball, Chess, Wrestling, Weightlifting, Table Tennis, Basketball, Swimming, Cycling, Athletics, Badminton, Pahlavany and Zurkhanehe and Sports for All Associations.

DEVELOPING ASSOCIATIONS:

Squash, Body Building, Motorcycles and Automobiles, Kabaddi, Bowling and Billards as well as Boxing Associations.

Referring to the meeting of the Board of Directors, the FAWSI President said that the position of the Developing Associations was dynamic and changeable. He added that their current status is due to their performance in previous years, participation rates and the inclusion of the working group in these sports.

Mr. Javad Ramzi hopes that the development sports clubs will pursue their activities in a comprehensive and organized way with more participation and zeal of the target groups. Then it will also be possible to raise development associations to the status of active associations.

FAWSI Website:
fawsi.mcls.gov.ir/
CELJE Region Sports Games 2019
UNION OF AMATEUR AND WORKERS SPORTS
OF SLOVENIA (UADŠS) BEACH VOLLEYBALL


10 men’s and 8 women’s teams were included in the Summer Beach Volleyball League “Celje Region Sports Games 2019”, which concluded with the last event at the beginning of August in the Celje Summer Bath. The men’s teams played 13 rounds and 48 matches, the women’s teams 8 rounds and 32 matches with 3 women and 3 men respectively in each teams. Two sets were played up to 15 points, in case of a tie, the third set was played up to 11 points.

SUMMER BEACH VOLLEYBALL LEAGUE

In addition to the Summer Beach Volleyball League, the 8th season of indoor volleyball, mixed 3 + 3, is taking place throughout the year with 8 teams. The playing days are on Tuesdays, at the Hospitality Secondary School, from 6pm to 9pm. Following the conclusion of the 2019 spring work of the league, the next order was:

Celje Region Sports Games 2019 – Final Standings

WOMEN:
- DOS Žalec
- Marjetice
- ŠD Rečica
- BSŽ Celje
- ŠD Gluhih Herkul
- Momeki
- Ennu
- Ziper

MEN:
- Flamingosi
- DOS Žalec
- Zmagostavci
- ŠD Rečica
- ŠD Gluhih Herkul
- Grey Boys 2
- Grey Boys 1
- Veseljaki
- Loža
- ŠD Slavko Šlander

Summer Beach VB League:
- Biseri – 24 points
- Društvo Vezalka Žalec – 22 points
- Dos Žalec – 22 points
- Happy Family – 14 points
- ŠD Rečica 1 – 14 points
- ŠD Rečica 2 – 8 points
- ŠD Gluhih Herkul – 6 points
- ŠD Slavko Šlander – 0 points

Follow volleyball on https://celjeliga.leaguerepublic.com
ORIGINALLY A MASCOT FOR “100 YEARS ASKÖ”, HOPPER THE SPORTS FROG WAS GIVEN A NEW AND VERY IMPORTANT TASK IN 1994. HE WAS REDESIGNED TO HOPSI HOPPER FIT FROG AND THUS BECAME THE LEADING FIGURE IN THE CHILDREN’S FIT AREA. EXERCISE AND SPORT GIVE YEARS OF LIFE AND HEALTHY YEARS TO LIFE THROUGH THE MANY POSITIVE EFFECTS. TO USE THIS FROM CHILDHOOD ON, REMAINS THE CURRENT CONCERN OF FIT FROSCH.
Hopsi Hopper is a role model for an active, healthy lifestyle. He not only addresses children directly, but also parents and teachers in kindergarten and elementary school. Above all, it is the decision-makers who can make living conditions more exercise-friendly. His fit ideas and actions have pursued the goal of “healthy active – active healthy” from the very beginning. He is committed to a fitness- and health-conscious lifestyle and a movement-friendly living environment.

ASKÖ is the largest of the three sports umbrella associations in Austria with currently approx. 4,400 member clubs and around 1.1 million members. The tasks are manifold with non-material and material services, in particular the construction, maintenance, administration and operation of sports facilities as well as the supervision of 110 different sports. Within ASKÖ, as many people as possible should be able to practice a wide variety of sports. A major conference on the future of ASKÖ is expected to be held in Austria in May 2020.

2019 was not only an anniversary year for Hopsi Hopper but also one for ASKÖ President Hermann Krist, who celebrated his 60th birthday and looks to the future with many visions for the association. His ambitions as President and plans for ASKÖ are stronger than ever.

CSIT ExCom member and ASKÖ Vice-President Christian Hinterberger has been President of the European Fair Play Movement EFPM since 2012, which also celebrated its 25th birthday in 2019 in Budapest. The next EFPM Congress, an Election Congress, will take place in Vienna in October 2020. CSIT will also meet in Austria in 2020. The next ExCom meeting is scheduled for 19-22 March in Vienna.
THE FIRST ADDRESS FOR TRAINING CAMPS, SPORT WEEKS, SKIING COURSES AND SEMINARS

THE BEST SPORTS OPPORTUNITIES IN AUSTRIA

www.sportinklusive.at