1st FIFDS EURO CUP 2018
EUROPEAN FUTSAL CHAMPIONSHIP
DOWN SYNDROME

12-15 APRIL 2018
CADEMPINO - LUGANO
DEAR FRIENDS,

we have the pleasure to invite you to this great event.

This will be the first European Futsal Championship for athletes with Down syndrome.

We hope we will have eight team at this event and, of course, hundreds of family and other supporters.

The venue in Switzerland is both beautiful and unique. The Sports facilities are first class and all within a few minutes walk - so everyone will be able to see the other Games when they are not competing in their own game.

Now, don’t delay, send your Intention of Participation in now.

We look forward to seeing you all in April 2018 in Lugano.

Sincere best wishes,

Marco Tomasini & Paolo Giordani
We are all in the same field

ORGANIZATION

MAIN SPONSOR AND PARTNER

RECOGNIZED CHAMPIONSHIP BY

PATRONAGE

SPONSOR

TECHNICAL SUPPORT
It is an honour and a great accomplishment for FederSwiss to have the opportunity to organise and host the First European Futsal Championship for Athletes With Down Syndrome.

It is the first time in the History of Switzerland that an International SUDS and FIDS Competition is hosted in the country. This sends a really strong message: our Federation is growing really fast and it’s doing that with solid partners such as IDI, SUDS, INAS and CSIT. We’re ready.

As National President of FederSwiss, it is a real pleasure to present this competition and the Federation itself.

FederSwiss is a newborn federation recognized by SUDS and INAS. The federation is responsible to organize, develop and manage athletes with Intellectual Disabilities, Autism, Relational Disabilities and Down Syndrome in Switzerland, leading them to International Level and creating the Swiss National Team.

We started two years ago, with the support of Mr. Marco Borzacchini and Mr. Geoff Smedley, then, after the recognition from SUDS and INAS, we had the pleasure to develop the international activities with one of our athletes at the European IAADS Championship.

This important growth has been possible thanks to IDI, our institutional diplomatic partner, and it’s president, a great friend of mine, Mr Paolo Giordani.

His team really supported and trust us and our project, that’s why I want to thank him for his support.

This championship is another important step for our federation. It is the result of two long and difficult years of work and improvements. After this competition we’ll be closer to the other European top federations, and we’ll finally make our project clear: we want to give the same possibilities to do Sport to Swiss Paralympic Athletes just like it happens in the other countries.

So, welcome to our beautiful country, welcome to Switzerland! Join us, and remember… if we’re together there’s nothing we can’t do, there are no boundaries where there is collaboration, so, please, keep supporting us!

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I am really happy as President of the International Diplomatic Institute to support the first edition of the European Football Championships for athletes with Down Syndrome.

And I am equally happy to have contributed to host the event in a country like Switzerland, which has always been the world symbol of equity.

For the Institute that I represent, it is a great pleasure to have brought many athletes with down syndrome to the crowning of the realization of a sporting event as important as the European championships.

IDI has approached the world of Paralympics over the last few years thanks to the knowledge of our current President of the Sport Commission, Dr. Marco Tomasini, who also holds the chairmanship of the Federation of Switzerland, Federswiss.

The encounter between Marco and our staff has immediately created important synergies, so much so that thanks to the financial aid of the International Diplomatic Institute, the little Chiara Zeni was able to enroll in the European athletics IAADS, for young people with Down syndrome, and for the first time in the history of Switzerland a Swiss athlete took part in an international championship absolute…. moreover winning three gold medals.

Being able to approach the world of disability has given us so much joy, a joy that with this event we want to share as much as possible with the community, as we strongly believe that sport is a very important ally for these guys and their families.

Hooray for Sport!
I am so pleased to welcome all the Futsal teams to this our first Championships in Switzerland for athletes with Down syndrome. I am very appreciative of the efforts of FederSwiss, the National Federation in Switzerland that develops sporting opportunities for athletes with Down syndrome. It is essential, if the Sports Union for athletes Down Syndrome (SU-DS) is to continue to provide opportunities for athletes with Down syndrome, that we have such support from National Organisations for our competitions.

As we progress towards our aim of Paralympic inclusion for athletes with Down syndrome, I am very conscious of the tremendous support we are getting worldwide to support us. FederSwiss is a committed supporter to this aim. This is shown very clearly with the great efforts they have made to bring this very significant SU-DS International Futsal Championships to Switzerland.

I look forward to meeting the teams and sharing this Championship with you. My best wishes to you all,

GEOFF SMEDLEY
SU-DS

After the 1st FIFDS World Futsal 2017 in Portugal for people with Down Syndrome, it is with great honor that I greet the organization of the FIFDS European Futsal 2018 Logano Switzerland. The appearance of new countries in this championship is a reason for pride and great satisfaction.

I would like to thank the organization for its dedication to this championship, as well as to send a word of appreciation to all participating countries, athletes, coaches and volunteers. Special thanks to all the entities and sponsors that will make this championship possible.

Certain of the success of this event in my name I wish the greatest sports success.

Thank you all,

ALBERTO COSTA
FIFDS
We are all in the same field

Founded in Bellinzona by Marco Tomasini and Linda Casalini, FederSwiss is the unique Switzerland National Federation recognized by INAS and SU-DS.

Our Aim: create the national team to participate in INAS and SUDS activities, and, in the same time, to create a new integrated sport program for Switzerland. Another Aim is to create an important promotional level for every sports giving the opportunity to everyone to practice sports.

Our vision: Athletes with an intellectual impairment, Autism and Down Syndrome across the world have the opportunity to achieve excellence in sport and high-level competition, to have the possibility to play integrated sports and to have promotional levels sports to improve their capabilities.

www.federswiss.ch

The International Diplomatic Institute, acronym I.D.I., is a diplomatic, economic, cultural and social international private organization of public interest, independent from States, from national and international, organizations, political and religious, organizations, formed by notarial public act in 1994.

In a world increasingly characterized by constant encounter of men, peoples, cultures, goods and services, such as to make it a “Global Village”, springs up the idea of IDI.

Starting from the Charter of the United nations, IDI aims to promote, within the diplomatic, industrial, economic, religious, cultural, social and humanitarian branch, a spirit of mutual cooperation and assistance, aimed at the development of cultural and economic exchanges in order to improve the utilization of human, financial and social resources in all its aspects and among all people.

www.idi-internationale.org

The Sport Union for athletes Down Syndrome, acronym SU-DS, will promote sport worldwide for athletes with Down Syndrome to the highest levels of sporting excellence. Each sport will retain its autonomous structure as an International Sports Federation.

SU-DS Members Federations are IAADS (International Athletic Association for person with Down Syndrome), FIFDS (Federation International Football Down Syndrome), DSISO (Down Syndrome International Swimming organisation), DSIGO (Down Syndrome International Gymnastics Organisation), IITTADS (International Table Tennis Association for Down Syndrome), Judown (Judo for Down Syndrome), SKIDS (Sky International for Down Syndrome), IBA21 (International Basketball Association for Down Syndrome).

www.su-ds.org

FIFDS is the International Football Federation for person with Down Syndrome. It is recognised and member of SU-DS. It has organized the first world championship in 2016 in Portugal, and now present the first European Championship in Lugano.
Lugano, the largest town in the holiday region of Ticino, is not only Switzerland's third most important financial centre and a conference, banking and business centre, but also a town of parks and flowers, villas and sacred buildings. With Mediterranean flair, Lugano offers all the advantages of a world-class city, combined with the cachet of a small town. Due to its location, Lugano is easily accessible by any means of transport.

The airport of Lugano, which is situated South of the Alpe between Zürich and Milan, guarantees fast connections between the Insubric region and the main Swiss and European centers.

The international airport Milan- Malpensa is only 1 hour away to Lugano. Today, the opening of the Malpensa airport ensues an elevated number of Italian, European and intercontinental flights.

The FFS, the Swiss railroad network, is extremely widespread and permits one to reach every inhabited centre of the country. For more information see www.tilo.ch

Lugano is served by the motorway axis that directly connects Northern Europe to the Mediterranean.

**Coming from Milan:**
- take the Laghi A9 motorway in the direction of Como-San Gottardo or the A8 motorway in the direction of Varese-Stabio (Gaggiolo). Advised exit: Lugano Sud.

**Coming from Zurich:**
- take the A2 motorway in the direction of San Gottardo-Chiasso-Italy. Advised exit: Lugano Nord.

Please remember that to drive on Swiss motorways it is necessary to be equipped with the motorway sticker that is to be applied onto the car windshield (the cost: 40.- SFR – valid from Jan.-Dec.) it may be purchased at Customs.
WHERE
PALAMONDO - CADEMPINO

PALAMONDO - A WORLD OF SPORT

A multi-purpose sport hall equipped with a track of 800 square meters surrounded by balustrades, dressing rooms for the teams and separate for the referees, infirmary, grandstands up to approx. 500 seats and a bar upstairs.

PALAMONDO
Via Industria - 6814 Cadempino
Tel. +41 91 966 93 44
# PROGRAM

## PROVISIONAL

### WEDNESDAY 11 APRIL 2018

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>18.00</td>
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<tr>
<td>20.00</td>
<td>DINNER</td>
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<tr>
<td>21.30</td>
<td>TECHNICAL MEETING</td>
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### THURSDAY 12 APRIL 2018

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<tr>
<td>09.45</td>
<td>MATCH 1: COUNTRY 1 vs COUNTRY 2</td>
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<tr>
<td>10.45</td>
<td>MATCH 2: COUNTRY 5 vs COUNTRY 6</td>
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<tr>
<td>11.45</td>
<td>MATCH 3: COUNTRY 3 vs COUNTRY 4</td>
</tr>
<tr>
<td>13.15</td>
<td>LUNCH</td>
</tr>
<tr>
<td>14.30</td>
<td>MATCH 4: COUNTRY 7 vs COUNTRY 8</td>
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<tr>
<td>15.30</td>
<td>MATCH 5: COUNTRY 2 vs COUNTRY 3</td>
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<tr>
<td>16.30</td>
<td>MATCH 6: COUNTRY 6 vs COUNTRY 7</td>
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<tr>
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### FRIDAY 13 APRIL 2018

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<tr>
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<tr>
<td>10.30</td>
<td>MATCH 8: COUNTRY 5 vs COUNTRY 7</td>
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<tr>
<td>11.30</td>
<td>MATCH 9: COUNTRY 2 vs COUNTRY 4</td>
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<td>LUNCH</td>
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<tr>
<td>14.30</td>
<td>MATCH 10: COUNTRY 6 vs COUNTRY 8</td>
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<tr>
<td>15.30</td>
<td>MATCH 11: COUNTRY 1 vs COUNTRY 4</td>
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<tr>
<td>16.30</td>
<td>MATCH 12: COUNTRY 5 vs COUNTRY 8</td>
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### SATURDAY 14 APRIL 2018

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<tr>
<td>10.00</td>
<td>SEMIFINAL 1: 1°ROUND 1 vs 2°ROUND 2</td>
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<td>11.00</td>
<td>SEMIFINAL 2: 1°ROUND 2 vs 2°ROUND 1</td>
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<tr>
<td>12.30</td>
<td>LUNCH</td>
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<tr>
<td>14.00</td>
<td>FINAL 5°-6°: 3°ROUND 1 vs 3°ROUND 2</td>
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<tr>
<td>15.00</td>
<td>FINAL 7°-8°: 4°ROUND 2 vs 4°ROUND 1</td>
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### SUNDAY 15 APRIL 2018

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<td>LUNCH</td>
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<tr>
<td>13.00</td>
<td>TECHNICAL MEETING</td>
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<tr>
<td>13.30</td>
<td>AWARD AND CLOSE CERIMONY</td>
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<tr>
<td>15.30</td>
<td>FINAL DEPARTURE</td>
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TEAM
The EUROcup2018 will be open to 8 National teams.

DELEGATIONS
The delegations can be made up to 12 athletes and 5 technicians, of which 1 football federal referee is required (to football federal referee means a football referee acknowledged INAS or UEFA).
For each National team will be hosted 10 athletes, 1 football federal referee and 3 technicians for a total of 112 people.
8 positions will also be guaranteed for the International Federations, SU-DS and FIFDS.

EUROCUP MANAGEMENT
The teams will be divided into two rounds of four.
The two main heads will be Italy and Portugal, which will be placed in two different rounds.
The composition of the rounds, for the remaining 6 positions, will be made by extraction.
The third-placed Group A will challenge third-placed Group B in the fifth to sixth place.
The fourth-placed Group A will challenge the fourth-placed Group B in the seventh-eighth finish.
The first two of each of the two rounds will go to the semifinals.
The first semi-finals will be between the first of Group A against the second in Group B.
The second semi-final will be between the first of Group B against the second in Group A.
The winners of the two semi-finals will be challenged in the final for the first and second places.
The losers of the two semi-finals will be the third and fourth place finishers.
In the Semifinals and in the finals, only the football federal referees of the teams eliminated in the rounds may be arbitrated. The roles will be awarded by extraction, ensuring that everyone is at least one of the main referees between the four matches that will be played between the final and the semifinals.
The shift from the rounds to the semi-finals will have the following criteria:
- Points made in the group
- Network Difference
- Highest number of goals scored
- Minor number of goals immediately
- Direct confrontation

RACES
During the races, the teams come in at the same time, accompanied by the football federal referee and have each one in their own half in line with the gaze facing the audience.
The National Hymns are heard, teams shake hands and stand on opposite benches to the public, while the owners will take the field; captains with the coaches will head to midfield with the football federal referee for the launch of the coin.
AWARDS
He will be rewarded with a trophy the Top Score, the Best Goalkeeper and the Best Coach. Commemorative plaques will be assigned to all football federal referees, all Delegation’s President, FIFDS’s President, SU-DS’s President, IDI’s President, Federswiss’s President and Representative of the Swiss Authorities. Finally, the teams will be awarded with the Fair Play Award and the Cups from the fourth to the first place. The Fair Play Award, the Best Goalkeeper and the Best Coach will be assigned thanks to the vote expressed during the last technical meeting to each Delegation’s President and each Federation’s Coach to which the vote is to be added IDI’s President.

TECHNICAL MEETINGS
The technical meetings will be four:
• 11th April, at 21:30 - All the organizational notes necessary for the event management, the calendar presented, the turnaround of the referees and the dressing rooms will be presented. It will also explain the procedure that will be followed during each race and during the opening ceremony
• 13th April, at 17:00 - Present the semifinals, to award semi-finals and dressing rooms
• 14th April, at 16:00 - Present the finals, to award finals and lockers.
• 15th April, at 13:00 - It will have the task of awarding fair play prizes, best goalkeeper and best coach. Always in the last technical meeting will be presented the procedure to be followed during the closing ceremony.
**CERIMONIES**

**REGISTRATION**
11 April 2018

 c/o HOTEL VEZIA  
(Via S. Gottardo 32, 6943 Lugano)

**OPENING CEREMONY**
12 April 2018

The opening ceremony will be the Switzerland welcome to everybody. They will greet all Nations with the flag of their state and perform some international teams of Cheerleading. After the official greetings of the Authorities, the tenor **Giuseppe Gambi** will voice the hymn of the European Community.

**GOODBYE CEREMONY**
15 April 2018

We would see all the Nations with their flags and a Participation Medal will be delivered to each athlete.

In finish, to celebrates this Event, the famous singer **Anna Oxa** will be happy to introduce us the unseen video "WE ARE ALL IN THE SAME FIELD" create spacially for EUROCUP2018.
CONGRESS

FORUM
14 April 2018

14th Aprile 2018 at 19:00
VILLA NEGRONI, VEZIA

THE WAY COMPETITIVE PEOPLE WITH DOWN SYNDROME
Main rapporteur: Dott.ssa Linda Casalini

All the details will be published on the next Newsletter and website.
PARTECIPATION

INTENTION OF PARTICIPATION

[ ] YES  [ ] NO

COUNTRY ____________________________
CONTACT __________________________
ADDRESS __________________________
EMAIL ___________________________
PHONE NUMBER ____________________

TO SEND LATER THAN NOVEMBER 30th 2017
email: info@eurocup2018.ch

1st ENTRY FORM

COUNTRY ____________________________
SU-DS MEMBERSHIP __________________
ADDRESS __________________________
POSTAL CODE _______________________
EMAIL ____________________________
PHONE NUMBER ____________________
FAX ________________________________
CONTACT PERSON ____________________
POSITION* __________________________

ENTRY BY NUMBER          NUMBER

| ATHLETES |              |
| TEAM OFFICIAL |          |
| SUPPORTERS AND FANS |      |
| RELATIVES AND FAMILY |    |
| TOTAL DELAGATION |     |
All athletes will be hosted with 2 technicians for each delegation at Hotel Vezia in a fantastic frame with pool and play area. Eight people who speak your language will always be at your disposal. A generous breakfast buffet awaits you every morning with regional products and several American specialities like our muffin and donuts. And for dinner you can enjoy our Ticino, Italian and American specialties.
Lugano has ancient origins. The first sure traces of the existence of a community are witnessed in a document dating back to 875, which speaks of "Sancti Laurentii in Luano".

The subject of continuous ducal controversy (Como and Milan), Lugano and his Pievi under the rule of the Swiss in 1513, perpetuated until 1798 when, under the push of the great revolts of Europe, he called for and obtained independence by entering be part of the Swiss Confederation. Lugano is home to the Grossa Fair, one of the most important cattle fairs in Europe, from 1515 until the beginning of the 20th century.

With the fall of Napoleon in 1815, the Vienna Congress confirmed the independence of the new cantons and so the Switzerland of the 22 cantons was born. For the Canton of Ticino, the new constitution - a restorative trend - resolved solomonicly the issue of the cantonal capital with the alternation every six years of the villages of Bellinzona, Locarno and Lugano; The latter, in the nineteenth century, also served as cantonal capital.

From 1880 to 1910, especially after the opening of the Gottardo railway line, we witness an exceptional demographic growth. In these thirty years, the population has grown by almost 8,000, ranging from 6949 to 14998 units.

From 1900 to 1945 the city knows important urban transformations due to further demographic growth and economic impulses that in fact change radically the structure of the historic center and entire neighborhoods, such as Sassello (1939-1949), an intervention of radical recovery planned by the PR of then.

On December 15, 2002, the New Lugano project was voted on by the population, ie the aggregation to the city of Lugano of several neighboring municipalities.

With this operation, the population has more than doubled, the territory has gone from 11 kmq to the current 32 km2 and Lugano has become one of the largest cities in Switzerland.

On 15 April 2013 there is a new phase of aggregations where the municipalities of Bogno, Cadro, Carona, Certara, Cimadera, Sonvico and Valcolla become new neighborhoods of the City. This phase extends the territory of Lugano to 75.81 sq km and the population grows to 65’015 units.
ATTACKIONS

THE CITY OF PALM TREES
Mild climate, natural beauty and cultural and artistic heritage make Lugano a popular destination.

Lugano is located in a gulf on the north bank of Lake Lugano, surrounded by peaks offering beautiful views. The city's historic and pedestrian precinct, with its numerous Lombardy buildings and its museums, mountains, lake, natural heritage and a calendar of events and events, are an attractive setting for those who love the activity but also the Relax.

SEE & DO → CULTURE & ART
Historical sites: the territory has an extraordinary heritage that only awaits to be discovered or rediscovered. Religious and lay buildings, sculptures and ancient abodes disseminated all over the Sottoceneri region recount the history of a region that offers architectural jewels of great value.

SEE & DO → LAKE EXPERIENCES
Apart from Lugano itself, there are other places on the shores of Lake Lugano that are worth seeing. The best way is by ship, visiting one of the attractions of the region or dropping in for lunch in a typical grotto. There's no better way to relax and enjoy your holiday.

SEE & DO → FAMILIES & CHILDREN
Lugano is a city packed full of fun, crazy, exciting and fascinating attractions for the entire family! Whether your children are toddlers or teenagers, Lugano is a top destination for families. The pages below are filled with tips for what to do and see with kids of all ages. From playgrounds surrounded by nature, to the largest miniature theme park in Switzerland, the adventures on Monte Tamaro, there are many activities to share with children and adults.
MUSEO CANTONALE DI STORIA NATURALE

The "Museo di storia naturale" is located in Lugano and is a body of the territorial Department of the Canton of Ticino. The Museum has a specialistic library and it also acts as an important pole of reference for the individual citizen, schools, scientific institutions, associations, tourism and for the public administration. The permanent collection offers a general picture of the different natural components of the region: great environmental reconstructions present the most important animals and plants, while some other sections are devoted to rocks, minerals and fossils, among which even the famous reptiles of Monte San Giorgio. The Museum also features an extensive section devoted to mushrooms.

CHIESA SANTA MARIA DEGLI ANGELI

The Church of Santa Maria degli Angeli is the most important church of Lugano. It contains the famous Renaissance fresco of the Passion and the Crucifixion by the Italian artist Bernardino Luini. Its construction was started in 1499 by Franciscan friars and was consecrated in 1515. It was restored in 1929/30. Next to the church, there was originally a Franciscan monastery built in 1490. This was dissolved in 1848 and in 1852/54 a hotel was built on its grounds; it was then raised by two floors and converted into the Hotel Palace in 1903, which kept part of the ancient convent's cloister. The church of Santa Maria degli Angeli is famous for its Renaissance fresco of the Passion and Crucifixion of Christ by Italian artist Bernardino Luini, whose artwork, dating back to 1529, is the most important example of Lombard Renaissance in Switzerland.

VILLA CIANI

An entirely different villa. A visit in enhanced reality. "You are now wandering through the rooms of this villa where Filippo and I lived and died. But history, my dear ones, is much longer and more intricate, it goes far beyond us and precedes us ... It all began, for our family, in the seventeenth century, in Blenio Valley, in northern Ticino" (Giacomo Ciani).

The residence of the Brothers Ciani reopens the gates and welcomes visitors to a virtual tour that enables to see the original furnishing and equipment, and to savor the atmosphere of the period. The visit with smartglass takes 30 minutes and is available in Italian, French, German and English.
LAC LUGANO ARTE E CULTURA

Lugano’s new cultural centre, LAC Lugano Arte e Cultura was created with the aim of adding value to the cultural and artistic life of the city and the region. It is endowed with a concert and theatre hall and a museum, the first in the region designed for this purpose.

The Building: with a volume of 180,000 m3 the imposing structure rises over the site of the former Palace hotel. The strong point of the LAC’s design is its proximity to the lake. The entrance hall (650 m2) which provides access to the theatre and concert hall is a huge window which makes the interface between interior and exterior almost invisible.

The Museum: the Museo d’Arte della Svizzera italiana was born from the merging of the Museo Cantonale d’Arte with the Museo della Città. Comprising 5 floors, 2000 m2, it was designed to allow the art works themselves to be protagonists, to be a space for silence and contemplation. One floor contains the permanent collection, the other 1820 m2 are dedicated to temporary exhibitions. At around 600 m2, a single floor of the LAC has the same exhibition area as the entire Villa Malpensata.

CATTEDRALE SAN LORENZO

A remarkable building with a Renaissance facade. Inside there are many frescoes and valuable Baroque decorations. With a protomedieval foundation, the church was denominated as a parish already in 818, declared a collegiate church in 1078 and cathedral in 1888. The current masonry is still mostly Romanic. During the 13th and 14th century, the vaulted ceiling was built and the church was expanded. The flying facade, erected in 1500/1517, is one of the Lombardian Renaissance’s masterpieces. The elements of the frontispiece, four supporting pillars, the middle cornice with a broken line and an entablature, are arranged in a highly harmonious way. The Chapel of Madonna delle Grazie was founded in 1494 and rebuilt in 1774 following the plans of architect Giambattista Casasopra. It is richly decorated with columns and a marble altar.

Its oldest frescoes can be admired on the inside facade wall, above the cross-vaulted ceiling from Gothic times: traces of a Universal Judgement, a prospective meander, the head of an Apostle and a small trace of an infernal abyss, date to the 14th Century.
THE HERMANN HESSE MUSEUM

The Museum hosts precious evidence of Hermann Hesse’s last 43 years in Montagnola up until his death. The small but important Herman Hesse Museum is situated in the Camuzzi Tower, an integral part of the historical ensemble of buildings of the Camuzzi House, a wonderful example of the prestigious work that architects from Ticino carried out in 19th Century Saint Petersburg. In 1919, when Herman Hesse was forty-two, he rented a modest apartment here. After a period of crisis motivated by the separation from his family and by the terrible consequences that he had foreseen for the first world war, Herman Hesse started writing again and discovered painting as a source of serenity and peace of mind.

It is at the Camuzzi House that “Klingor’s Last Summer”, “Siddharta”, “Death and the Lover”, “Steppenwolf” numerous poems and short stories were written and many watercolours painted. In 1931, Herman Hesse moved with his third wife, Ninon, into the Pink House, in whose garden he took pleasure in growing flowers and vegetables. His creativity was further confirmed by later works such as “Time in the Vegetable Garden” and “Magister Ludi”, for which he was awarded the Nobel Prize for literature in 1946 and “Letters”. Many important people (among whom Theodor Heuss, Thomas Mann e Bertolt Brecht) came to visit the writer in Montagnola. Herman Hesse became a Swiss citizen in 1924 and felt very much at home in Montagnola: the incredible landscape and the special conditions of light on the Golden Hill fascinated the artist. To this, we must add, the friendly welcome he received by the people of Ticino whom he continuously praised in his stories. His works have been translated in 54 languages; 100 million copies have been published globally. The Herman Hesse Museum in Montagnola, the first of its kind and the only one in Switzerland, was inaugurated on July 2, 1997 in occasion of the 120th anniversary of the writer’s birth and preserves precious tokens of the last 43 years of life of the artist and painter, who died in Montagnola in 1962.

The museum is a place of encounter for visitors from all over the world. In the video room a documentary is projected in Italian, German and French; books in different languages exhibited at the entrance and in the garden invite one to read and think. Along the route called “On Herman Hesse’s Footsteps”, one can admire the unique landscape of the Golden Hill.
The Customs Museum's exhibitions document the work of customs agents and their tasks from the past up to the present day. The upper floors are dedicated to present-day topics. Temporary exhibitions are also installed on these floors. A new art exhibition cycle will also deal with the topic of borders and the juxtaposition of identities.

Smuggling has always fascinated people. Moreover, in the border regions where poverty was rampant, smuggling provided the opportunity to supplement one's meagre income for many years. The illegal transport of goods and foodstuffs such as tobacco, sugar, salt, rice, meat and alcohol via the "green" border was particularly prevalent between the canton of Ticino and Italy. Part of the exhibition in the Swiss Customs Museum, which is also referred to in the vernacular as the "Smugglers' Museum", is devoted to this fascinating topic.

The museum is to be found in an old border guard post, directly on the banks of the lake only a few metres away from the Swiss-Italian border. The museum can be reached by ferry from Lugano. A visit to the museum may be ideally combined with a walk through the picturesque surroundings or a meal in one of the nearby caves where you can enjoy the best Ticino fare. There are also picnic areas alongside the museum.

In the Customs Museum, you will discover what resources are at the disposal of customs agents and border guards today to combat cross-border crime, smuggling and product piracy. The permanent exhibition is frequently supplemented by special exhibitions. A visit to the Swiss-Italian border is a complete experience that will broaden your horizons – we warmly welcome you.
EXCURSIONS
LUGANO

DISCOVER TICINO

Lugano is the perfect point to visit all the most beautiful and important location to the region Ticino.

SWISSMINIATUR

Swissminiatur is an open-air museum where one can admire the most important Swiss buildings and means of transportation.

A one-hour journey taking in the whole of Switzerland. Seems impossible? Not in Swissminiatur, the park reproducing a miniature version of the Swiss Confederation. The Park covers 14,000 m². Dotted around the park you can admire the over 120 1:125 scale models of the most famous buildings and monuments in Switzerland. And this is not all: a network of 3560 metres of miniature railway wends its way through the Park with 18 trains running on tracks, crossing bridges and stopping at stations, whilst boats ply the lakes, cable cars and funiculars climb and descend mountains and cars run along the motorways. The park is embellished with 1500 plants and over 10,000 flowers of every colour, whilst children will enjoy the playground containing swings, slides and games of every type.

MONTE TAMARO

Mount Tamaro is one of the most appreciated spots of the region and supplies Alpine emotions at a stone’s throw from the city.

It offers a unique view of the pre-Alpine landscape, of lakes and the snowy peaks of the Alps.

The “Monte Tamaro” mountain is located in the Lugano-Bellinzona-Locarno triangle. From Rivera, which is easily accessible by car and public transport, a convenient cableway whisks you up to Alpe Foppa at 1,530 metres above sea-level. With its big restaurant, and the Church of S. Maria degli Angeli (designed by architect Mario Botta), Alpe Foppa is also the starting point for walks with panoramic views as well as being home to an innovative play park for kids, a Alpine-Coaster bobs, Flying Fox and a new track for Downhill fans.

At the intermediate station of the ski-lift you’ll find: The Adventure Park, Tamaro Jumping, the start of the free-ride slope and a welcome point with a snack bar and free WiFi.
MONTE GENEROSO

Monte Generoso is situated in the heart of a nature park known beyond Switzerland’s borders. Standing majestically on the mountain’s rugged plateau is the new “Fiore di pietra” (stone flower). The building was created by the famous architect Mario Botta and features picture windows that frame the breathtaking panorama. Two restaurants flooded with light and a conference room with magnificent mountain views provide the ideal setting for fine dining, unforgettable family celebrations and exceptional corporate events. The “Fiore di pietra” is designed so that a partition wall can section off a separate room for up to thirty guests. Since 1890, a rack railway has provided transport along a picturesque nine-kilometre stretch of mountain scenery carrying passengers from Capolago on Lake Lugano to the mountain summit at 1704 m altitude. Monte Generoso offers visitors plenty of opportunities for relaxing strolls, more demanding hikes and for delving into history.

PARCO SAN GRATO

As soon as you enter these one-of-a-kind botanical gardens you’ll feel you’re in an enchanted world where colours and scents make for a truly unforgettable experience. With a surface area of 62,000 m², Parco San Grato boasts the largest collection of azaleas, rhododendrons and conifers, in terms of variety and quantity, in the whole Insubria region. Between San Salvatore and Monte Arbòstora, approximately 10 km from Lugano, it extends up to 690 metres above sea level, and offers outstanding views over the nearby area, Lake Lugano and the Alpine peaks. While visiting the park you find yourself immersed in an environment with one-of-a-kind natural and decorative characteristics: the large swathes of azaleas and rhododendrons are crisscrossed by five thematic trails: botanical, relaxation, scenic, artistic and fairy-tale, each one of which reveals different aspects of the park which are renewed as the seasons change. The playground is easily reachable and located in the center of the park, amongst rare, impressive conifers. It offers children and adults the chance to play and have fun. San Grato Restaurant, with its scenic terrace, is organised so as to meet the needs of everyone, from Sunday day-trippers to refined gourmets. The park also features a chapel dedicated to Saint Grato, the Saint invoked against lightning, storms, pests harming crops and to pray for rain during periods of drought.
WE ARE ALL IN THE SAME FIELD

MONTE LEMA

Mount Lema is the most majestic summit of Italian Switzerland. Its natural green terrace overlooks the Southern valleys of Ticino, the Lake of Lugano, the Valleys of Luino and of Lake Maggiore. The astounding view stretches all the way to embrace the Grigioni and Bernese Alps, the mountain peaks of Valais and the Po Plain up to Milan. Mount Lema constitutes an important natural oasis, from which numerous and fascinating hikes start out; these follow the mountain crest and wind around mountain ridges through a breathtaking scenario. Mount Lema offers you a close up view of mountain life: it’s possible to meet up with Scottish cows, discover ancient iron mines, taste fresh milk from the pastures, walk across broad pasturelands and take in the suggestive atmosphere of the characteristic villages of Malcatone. Thanks to its climate, and its natural environment, Mount Lema is the ideal starting base to experience the magic of paragliding and riding your mountain bike on uncontaminated routes, letting yourself go in free down hills. The astronomical observatory gives visitors the chance to see start “up close” thanks to its telescope with a diameter of 410 mm. The software enables the automatic tracking of the celestial objects, making it fun and easy to find stars and constellations.

INTERNATIONAL TOUR

Lugano - Porto Ceresio - Ponte Tresa
A tour of the lake passing also for Italian shores with the idea of a stop to the market in Ponte Tresa (every Saturday from 08:00 to 18:00) or to enjoy an ice cream on the Porto Ceresio lakeside.

Starting to Lugano, it’s possible to visit Zurigo, St. Morits, Milano and other beautiful cities in only one day. The organizers will be happy to answer your special requests.
We are all in the same field

Observe the leaves of a tree, they are all different even if they belong to the same tree.

Observe a flower, you'll see that it doesn't care about the role of who's watching.

Though different from flower, he belongs to nature and tramples on the same Field.

Imagine the Field as a tree and think about yourself as a different leaf, your diversity can't inhibit the expression of the other leaves.

If you believe that you are not living in the same Field and not to belong to the human stream,

then you don't belong to the natural normality.

Anna Oxa®