Anti Doping Rules
Therapeutic Use Exemption TUE
AT A GLANCE
Therapeutic Use Exemption Procedure

- Request a TUE form from your relevant anti-doping organization,
- The physician fills out the TUE form and the athlete sends it back to ADO, in this case CSIT
- Once a TUE is requested, a panel of experts selected by CSIT reviews the request and will grant a TUE if:
An athlete may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List, a Therapeutic Use Exemption (TUE) may be granted which gives permission to take it.
WHY

- TUEs ensure that you are able to obtain treatment for a legitimate medical condition—even if that treatment requires a prohibited substance or method.
- The TUE process avoids the risk of sanctions due to a positive test.
Any athlete who may be subject to doping control must request a **TUE** before taking a prohibited medication. All information in this request remains strictly confidential.
The health of the athlete will be significantly impaired if they do not take the substance.
The substance does not enhance the athletes performance beyond what brings them back to normal health.
There are no alternative treatments available.
CSIT advises if the athlete can take the requested medication or not.
In the case of a denied request, the athlete will be informed of the reasons.
The athlete has the right to appeal the decision.
WHEN

- An application must be made at least 30 days before taking part in an event.
- In exceptional cases or true emergencies, a TUE may be approved retroactively.
TUE TIPS during Doping Control

- Declare the approved medication on the Doping Control Form.
- Specify that a TUE has been granted.
- Show a copy of the TUE approval to the doping control officer.
- The procedures for applying for and granting a TUE are outlined in the International Standard for TUEs published by WADA.
- WADA does not grant TUEs.
- Find out more at wada-ama.org
UNION RESPONSIBILITIES

- Inform Athletes of CSIT Anti Doping Policies
- Therapeutic Use Exemption TUE Process
- Prohibited List
- Deadlines
- Receive consent forms
Athletes Responsibilities

- Be knowledgeable about & comply with Code and associated rules
- Be responsible for what is ingested or used
- Inform medical and other support personnel of obligation not to use banned substances & methods
  - Apply for TUE if required
- Provide whereabouts information if required (registered testing pools)
- Be available for sample collection
- Sign the consent form
Athletes, like all others, may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption (TUE) may give that athlete the authorization to take the needed medicine.

The ingredients in a medication can differ from country to country, so even though a medication has the same name, and has the same type of packaging in another country, it is crucial that you check the medication in the country where it is bought.

To assist athletes, the contact details and available resources in other countries for checking medications are shown on the Anti-Doping World Map.
Athlete Selection

- Criteria for the selection of athletes is pre-determined, based on the regulations of the relevant International Federation or event ruling body. It is usually the National Anti Doping Organisation of the country in which the event takes place that collects the samples, unless the International Federation or event organizer has an alternative doping control program.
- Sample collection takes place in accordance with the IST.
- Athletes are notified of their selection for testing. Samples are analyzed for “in-competition substances” as outlined in the Prohibited List.