Sport for all & Sport for Elderly People

- Seniors working group
- Seniors in 2017
- Seniors in the future
Seniors working group (55+)

- Palle THOMSEN (CSIT Vice President) – Denmark
- Anne-Lise KOOREMANN - Italy
- Uschi MORTINGER - Austria
- Peter LÖFFLER - Austria
- Martine POTHET - France
- Poul SÖLVSTEIN - Denmark
Seniors in 2017

- Use of senior network
- CSIT World Sports Games in Riga
CSIT World Sports Games 2017

- Walking Soccer (outdoor by DAI with the inspiration from FROS)
- Percu’gym and bumber to fall (indoor by FSGT)
- Senior Gym (indoor by Hapoel)
- Krolf (outdoor by DAI)
- Mamanet GOLD (indoor by Mamanet)
- BodyART (outdoor by LTSA)
- Rhythmical senior dances (indoor by ASKÖ)
CSIT World Sports Games 2017
CSIT World Sports Games 2017
CSIT World Sports Games 2017
CSIT World Sports Games 2017
CSIT World Sports Games 2017
Seniors in the future

• Formation Course in 2018
• WSG in 2019 with new activities and more unions participating
• Enlargement of the network – the network is an important platform
• Exchange of senior groups between countries
• Senior events in the member unions
Thank you!