Sport for all & Sport for Elderly People

- Seniors working group
- Seniors in 2016
- Seniors in the future
- Objects for Sport for all
- Sport for all in the future
Seniors working group (55+)

- Palle THOMSEN (CSIT Vice President) – Denmark
- Anne-Lise KOOREMANN (UISP) - Italy
- Uschi MORTINGER (ASKOE) - Austria
- Peter LÖFFLER (ASKOE) - Austria
- Martine POTHET (FSGT) - France
- Poul SÖLVSTEIN (DAI) - Denmark
Seniors in 2016

- Use of senior network
- Formation course for instructors (exchange of new activities and ideas) in France
CSIT Senior formation course 2016

- September 21-23 in Paris
- The 3rd formation course
- More than 20 participants from 7 member unions:
  - FROS (Belgium), UISP (Italy), TUL (Finland), DAI (Denmark), HAPOEL (Israel), AFWSI (Iran) and FSGT (France).
CSIT Senior formation course 2016
Seniors in the future

• CSIT WSG in 2017 with new activities and more unions participating
• Formation Course in 2018
• Enlargement of the network – the network is an important platform
• Exchange of senior groups between countries
• Senior events in the member unions
Objects for CSIT Sport for all

• Work for good access to the improvement in health and experience that physical activity can bring – especially to inactive people who lack resources as well
Sport for all in the future

• The future is in the hands of the member unions!
• What are the needs of the unions?
• Should we select a new area to exchange experiences?
• Keep it simple and hands-on!
Thank you!